

This article is part of a thematic series on **Pathobiology of Calcific Vasculopathy and Valvulopathy**, which includes the following articles:

Thematic Series on the Pathobiology of Vascular Calcification: An Introduction [*Circ Res.* 2011;108:1378–1380]  
Molecular Imaging Insights into Early Inflammatory Stages of Arterial and Aortic Valve Calcification [*Circ Res.* 2011;108:1381–1391]

#### Calcific Aortic Valve Stenosis: Methods, Models, and Mechanisms

Fetuin Regulation of Calcified Matrix Metabolism

Matricrine Cues and Substrate Compliance in the Pathobiology of Calcific Valvular Disease

Oxylipids and RANKL Signaling in Macrovascular Calcification

Osteogenic BMP-Wnt Signaling in Valvular and Vascular Sclerosis

Calcium-Phosphate Homeostasis in the Arterial Calcification of CKD

Molecular Genetics of Calcific Vasculopathy

*Dwight A. Towler, Guest Editor*

## Calcific Aortic Valve Stenosis: Methods, Models, and Mechanisms

Jordan D. Miller, Robert M. Weiss, Donald D. Heistad

**Abstract:** Calcific aortic valve stenosis (CAVS) is a major health problem facing aging societies. The identification of osteoblast-like and osteoclast-like cells in human tissue has led to a major paradigm shift in the field. CAVS was thought to be a passive, degenerative process, whereas now the progression of calcification in CAVS is considered to be actively regulated. Mechanistic studies examining the contributions of true ectopic osteogenesis, nonosseous calcification, and ectopic osteoblast-like cells (that appear to function differently from skeletal osteoblasts) to valvular dysfunction have been facilitated by the development of mouse models of CAVS. Recent studies also suggest that valvular fibrosis, as well as calcification, may play an important role in restricting cusp movement, and CAVS may be more appropriately viewed as a fibrocalcific disease. High-resolution echocardiography and magnetic resonance imaging have emerged as useful tools for testing the efficacy of pharmacological and genetic interventions in vivo. Key studies in humans and animals are reviewed that have shaped current paradigms in the field of CAVS, and suggest promising future areas for research. (*Circ Res.* 2011;108:1392-1412.)

**Key Words:** calcification ■ fibrosis ■ animal models ■ phenotyping ■ echocardiography

Calcific aortic valve stenosis (CAVS) is an important clinical problem: 2.8% of adults over 75 years old have some degree of CAVS,<sup>1,2</sup> and as many as 25% of adults over 65 have valvular sclerosis.<sup>3</sup> Although risk factors and downstream mediators appear similar for CAVS and atherosclerosis (older age, male sex, hypertension, smoking, hypercho-

lesterolemia, and diabetes<sup>4,5</sup>; see Figure 1), as many as 50% of patients with CAVS do not have clinically significant atherosclerosis.<sup>6,7</sup>

Studies of valves from humans and experimental animals have begun to clarify mechanisms that lead to CAVS.<sup>8–10</sup> A major obstacle to research in this area is that although several

Original received February 21, 2011; revision received April 14, 2011; accepted April 20, 2011. In March 2011, the average time from submission to first decision for all original research papers submitted to *Circulation Research* was 13.2 days.

From the Departments of Surgery and Physiology, Mayo Clinic, Rochester, Minnesota (J.D.M.), and the Departments of Internal Medicine (R.M.W., D.D.H.) and Pharmacology (D.D.H.), University of Iowa Carver College of Medicine, Iowa City, Iowa.

Correspondence to Jordan D. Miller, PhD, Mayo Clinic, Division of Cardiovascular Surgery, 200 First St. SW, Rochester, MN, 55905. E-mail miller.jordan@mayo.edu; Or Donald D. Heistad, MD, Departments of Internal Medicine and Pharmacology, University of Iowa, 200 Hawkins Drive, Iowa City, IA 52242. E-mail donald-heistad@uiowa.edu

© 2011 American Heart Association, Inc.

*Circulation Research* is available at <http://circres.ahajournals.org>

DOI: 10.1161/CIRCRESAHA.110.234138

### Nonstandard Abbreviations and Acronyms

<b>CAVS</b>	calcific aortic valve stenosis
<b>RT-PCR</b>	reverse transcriptase–polymerase chain reaction
<b>BMP</b>	bone morphogenetic protein
<b>NOS</b>	nitric oxide synthase
<b>RANKL</b>	receptor activator of nuclear factor $\kappa$ B ligand
<b>OPG</b>	osteoprotegerin
<b>PPAR<math>\gamma</math></b>	peroxisome proliferator-activated receptor
<b>RAS</b>	renin-angiotensin system
<b>TGF-<math>\beta</math></b>	transforming growth factor- $\beta$
<b>ROS</b>	reactive oxygen species
<b>VSMC</b>	vascular smooth muscle cell
<b>RAGE</b>	receptor for advanced glycosylation end products
<b>MGP</b>	matrix gamma-carboxyglutamic (Gla) protein
<b>MMP</b>	matrix metalloproteinase
<b>TNF</b>	tumor necrosis factor
<b>HDAC</b>	histone deacetylase
<b>AT<sub>1</sub>/AT<sub>2R</sub></b>	angiotensin receptor 1/2
<b>CpG</b>	linear base sequence of cytosine and guanine in DNA

experimental models of CAVS develop valvular sclerosis, few develop hemodynamically significant stenosis (see Table). Two experimental models of CAVS have now been identified in mice, which consistently develop hemodynamically significant CAVS.<sup>11–14</sup> These models will allow studies of mechanisms contributing to valve calcification, the cardiac and systemic consequences of CAVS, and the efficacy of interventions.

In this review, we will summarize (1) methods to evaluate the normal and stenotic aortic valve in mice, by histology and imaging, (2) mechanisms that may contribute to valve calcification and fibrosis in humans and animal models of CAVS, and (3) mechanisms that may be useful therapeutic targets to inhibit development or progression of CAVS. Finally, we will speculate about future directions of this area of research.

### Assessment of Aortic Valve Function in Mice

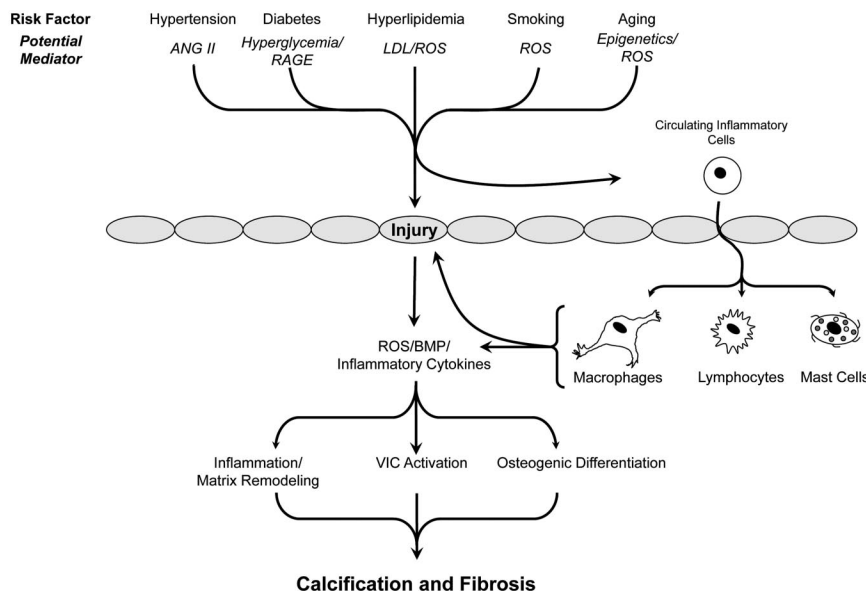
Imaging approaches have evolved from techniques that were introduced first in the clinical setting, and later scaled to studies in mice. Three approaches are summarized below to evaluate cardiac function in mice: echocardiography, magnetic resonance imaging (MRI), and invasive hemodynamic assessment.

### Echocardiography

Echocardiography is a mainstay of clinical evaluation of aortic valve disease.<sup>2</sup> Echocardiographic imaging techniques are noninurious, which facilitates longitudinal studies. These techniques can readily be performed in minimally sedated mice, avoiding the risks and physiological perturbations associated with general anesthesia.

Continuous- and pulse-wave Doppler evaluation of blood velocities are useful for estimation of transvalvular pressure gradients and valve areas (see Figure 2). This approach has been useful for quantitation of aortic valve function across a very broad range, from normal<sup>15</sup> to “sclerotic”<sup>16</sup> to severely stenotic.<sup>11</sup>

This approach also has some disadvantages. It is not always possible to register the line of Doppler interrogation parallel to the direction of blood flow, which can result in underestimation of valve gradients. The region of interrogation needs to be small, to avoid contamination of velocity profiles by adjacent tissue motion, especially during active respiration, which challenges the limits of commercially available Doppler equipment. The requirement for continuous-wave Doppler limits the choice of transducers to those that image at frequencies of <12 MHz, when commercially available equipment is used, resulting in suboptimal visualization of valve structures. Doppler velocities can be affected by factors other than effective valve orifice area. Reduced left ventricular contractility, for example, can result in underestimation of the severity of aortic stenosis in humans,<sup>2</sup> and probably in mice. When alterations in valve tissue produce valvular regurgitation, the increased stroke volume and ventricular preload recruitment may increase



**Figure 1. Overview of risk factors and potential mechanisms that contribute to calcification and fibrosis of the aortic valve.** For clarity, effects of potential mediators on various cell types in the valve have been omitted. ANG II indicates angiotensin II; RAGE, receptor for advanced glycosylation end products; LDL, low-density lipoproteins; ROS, reactive oxygen species; BMP, bone morphogenetic protein; VIC, valvular interstitial cell. Gray ovals depict endothelial cells.

**Table. Echocardiographic and Hemodynamic Changes in Animal Models of Aortic Valve Sclerosis and Stenosis**

Species/Strain	Diet <sup>REF</sup>	Histopathological Changes in Aortic Valve	Hemodynamically Significant Stenosis?
Mice			
C57BL/6	HF <sup>16</sup>	Lipid deposition	No
ApoE <sup>-/-</sup>	Chow <sup>15</sup>	Modest calcification	<2%
		Lipid deposition	
		Calcification	
		Monocyte/inflammatory cell infiltration	
Ldlr <sup>-/-</sup>	HF/HC <sup>19,33</sup>	Lipid deposition	<2%
		Fibrosis <sup>19,33</sup>	
		Calcification <sup>19,33</sup>	
		Monocyte/inflammatory cell infiltration <sup>19,33</sup>	
Ldlr <sup>-/-</sup>	HF/HC <sup>16,223</sup>	Lipid deposition	No
		Calcification	
		Monocyte/inflammatory cell infiltration	
Ldlr <sup>-/-</sup> /apoB <sup>100/100</sup>	Chow <sup>14</sup>	Lipid deposition	Yes, ~30% of mice
		Calcification	
		Monocyte/inflammatory cell infiltration	
		Myofibroblast activation	
Ldlr <sup>-/-</sup> /apoB <sup>100/100</sup>	HF/HC <sup>12,13</sup>	Lipid deposition	Yes, >50% of mice
		Calcification	
		Fibrosis	
		Monocyte/inflammatory cell infiltration	
		Myofibroblast activation	
EGFR <sup>Wa2/Wa2</sup>	Chow <sup>11</sup>	Fibrosis	Yes, but background strain dependent
		Calcification	
		Inflammatory cell infiltration	
eNOS <sup>-/-</sup>	Chow <sup>224</sup>	Bicuspid aortic valves in ~40% of mice	Not known
Notch1 <sup>+/-</sup>	HF/HC <sup>125,126</sup>	Calcification	No
Periostin <sup>-/-</sup>	Chow <sup>225</sup>	Calcification	Not known
		Fibrosis	
MGP <sup>-/-</sup>	HF/HC <sup>226</sup>	Reduced valve thickening and fibrosis	No
Chm1 <sup>-/-</sup>	Chow <sup>122</sup>	Calcification	Not known
Chm1 <sup>-/-</sup>	Chow <sup>227</sup>	Neoangiogenesis	Not known
		Lipid deposition	
		Calcification	
Rabbits			
New Zealand White	HF/HC <sup>49,79,89,209,228–238</sup>	Lipid deposition	<10% mostly moderate sclerosis
		Calcification	
		Inflammatory cell infiltration	
Watanabe	Chow + HTN <sup>229</sup>	Fibrosis	<10%
		Inflammation	
Watanabe	HF/HC <sup>49</sup>	Lipid deposition	No
		Fibrosis	
		Calcification	
Pigs			
Yorkshire Landrace	HF/HC <sup>83,239</sup>	Lipid deposition	No

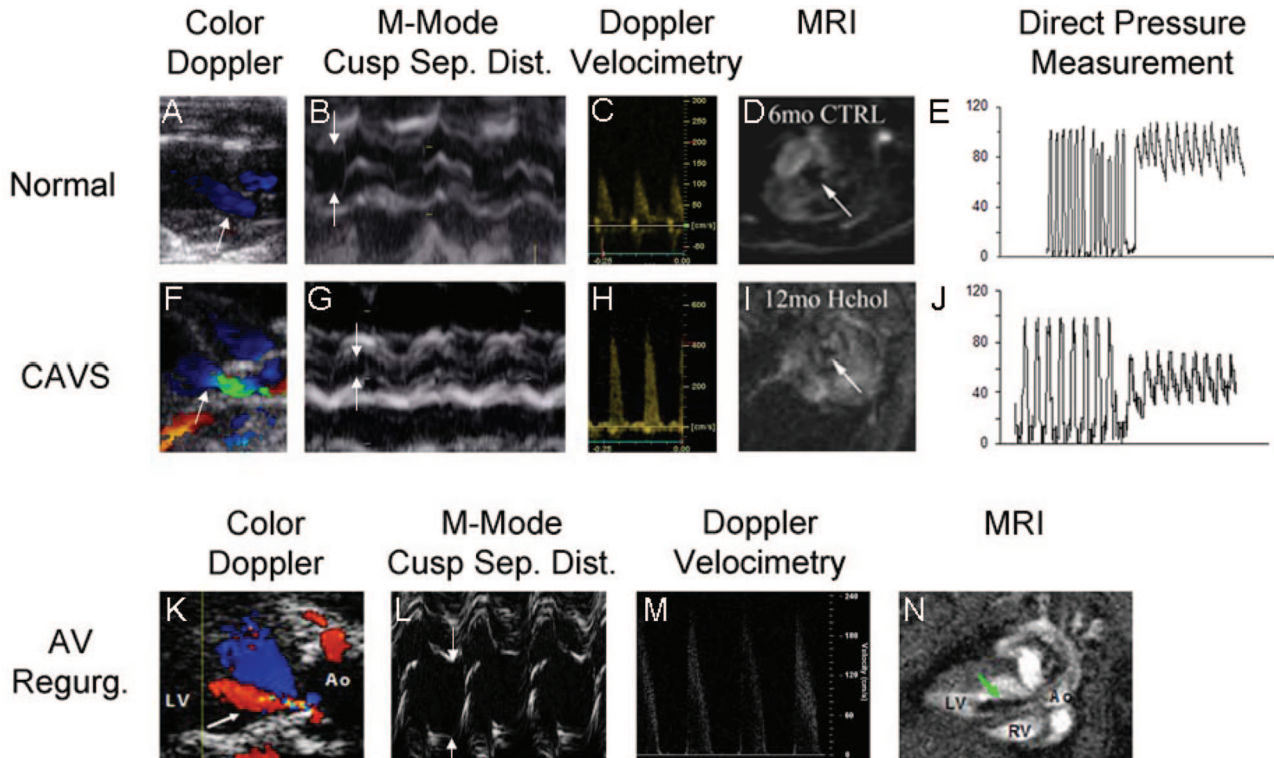
EGFR, epidermal growth factor; MGP, matrix gamma-carboxyglutamic (Gla) protein; HF/HC, high fat/high cholesterol diet; HTN, hypertension.

transvalvular gradients, even in the absence of valve stenosis<sup>15</sup> (Figure 2). As in clinical studies, those findings invoke a note of caution when Doppler velocities alone are used as evidence of aortic valve stenosis.

The superior spatial and temporal resolution of M-mode echocardiography are useful for quantitative assessments of

aortic valve function,<sup>12-14</sup> which correlate well with invasive hemodynamic measurements<sup>14</sup> (Figure 2).

M-mode echocardiography has several advantages for assessment of aortic valve function in mice. Images are readily obtained from parasternal short- and long-axis views, and do not require coregistration with a Doppler line of



**Figure 2. Assessment of aortic valve function in mice.** Two-dimensional color Doppler images (**A, F, K**) are used to target M-mode imaging of the aortic valve and Doppler velocimetry, and to assess the presence (**arrow, K**) or absence of aortic regurgitation. Direction of blood flow is indicated by pseudocolors (**red=blood flow toward probe, blue=blood flow away from probe**). In CAVS, the irregular stenotic valve orifice causes flow acceleration and turbulence (**green**). The superior spatial and temporal resolution of M-mode echocardiography facilitates quantitation of systolic cusp separation (**arrows, B, G, L**). Doppler velocimetry (**C, H, M**) allows for estimation of the transvalvular systolic pressure gradient via the Bernoulli equation. Aortic regurgitation can cause a modest transvalvular systolic pressure gradient even in the absence of reductions in cusp separation (**arrows in panels K and N**) point to the regurgitant jet, by virtue of preload dependent increases in contractile force and stroke volume and subsequent increases in velocity (**M**). MRI provides temporal and spatial resolution sufficient to portray the aortic valve orifice in 2 dimensions (**arrows, D, I**), by virtue of magnetic dephasing of ejected blood. The same principle is used to depict retrograde flow when aortic regurgitation is present (**arrow, N**, cine images can be viewed in the On-Line Supplemental Movie). Direct pressure measurements can provide incontrovertible evidence of a transvalvular gradient (**E and J**), but are influenced by the potential for cardiodepression and vasodilation caused by deep general anesthesia, especially in the presence of CAVS. CAVS=calcific aortic valve stenosis; AV Regurg.=aortic valve regurgitation; Sep. Dist.=separation distance; MRI =magnetic resonance imaging.

interrogation. Variance of valve orifice dimensions is relatively low, achieving statistical power in between-groups comparisons, with manageable sample sizes.<sup>12</sup> M-mode-derived valve orifice dimension, and by extrapolation valve area, are not appreciably affected by left ventricular contractility or the presence of aortic regurgitation.

Disadvantages of M-mode echo techniques arise from reliance on a unidimensional measurement to portray valve function. Thus, in the presence of eccentric valve remodeling, eg, partial or complete cusp fusion, M-mode methods are susceptible to both under- and overestimation of the severity of valve dysfunction.

Two-dimensional (2-D) echocardiography using clinical equipment does not reliably provide sufficient spatial resolution for visualization of valve motion in normal mice. A newer generation of ultrasound devices, developed solely for use in small experimental animals, uses transducers capable of imaging at very high frequencies. These new devices hold promise for quantitative assessment of valve function in 2-D.<sup>17</sup>

Two-D echocardiography is a powerful technique for characterization of the impact of aortic valve disease on left

ventricular structure and function.<sup>14,17</sup> The presence and severity of left ventricular hypertrophy and systolic dysfunction can be ascertained rapidly and reproducibly in conscious minimally sedated mice, in longitudinal studies.

### Magnetic Resonance Imaging

Magnetic resonance imaging (MRI) provides useful information about aortic valve function in patients.<sup>18</sup> In mice, MRI at field strengths  $\geq 4.7$  T provides sufficient spatial and temporal resolution to assess aortic valve function in 2 dimensions<sup>12</sup> (see Figure 2). Flow turbulence causes “dephasing” of the blood signal, which facilitates visualization of aortic regurgitation<sup>19</sup> (Figure 2). MRI affords the added benefit of precise quantitative assessment of the structure and function of both the right and left ventricles and, consequently, precise measurement of regurgitant volume in mice with aortic regurgitation.<sup>20</sup>

The advantages of MRI are balanced by distinct disadvantages, notably limited availability. Relatively long imaging times, on the order of 20 minutes per study, require deep sedation or general anesthesia, which places mice with severe aortic valve disease at a higher mortality risk.<sup>21</sup>



## Invasive Hemodynamic Techniques

In clinical studies of valvular and left ventricular function, invasive hemodynamic techniques have been used as a “gold standard”.<sup>2</sup> In mice, microtransducer-tipped catheters provide high-fidelity assessments, by virtue of sampling rates on the order of 1000 Hz. The small caliber, eg, 1.4Fr (Millar, Houston, TX), allows retrograde introduction into the left ventricle via the carotid artery<sup>11,14</sup> (see representative traces in Figure 2). Advantages of invasive techniques include precise ascertainment of transvalvular gradients, and left ventricular systolic and diastolic function.<sup>22</sup> As is the case in the clinical setting, invasive hemodynamic techniques in mice can serve as a validation standard for more convenient noninvasive methods.<sup>11,14</sup>

Disadvantages of invasive methods include the need for arterial access, risking blood loss and rendering longitudinal studies very difficult. General anesthesia can result in cardiac depression, especially in mice with severe aortic valve disease, resulting in discordance of findings obtained by invasive studies and those acquired by echocardiography in minimally sedated mice.<sup>11,14</sup> Catheter-induced valve trauma is also likely to introduce artifactual cellular and molecular changes in valve tissue.

## Summary of Findings From Studies of Aortic Valve Function in Mice

In adult C57BL/6 mice, the systolic aortic valve dimension is approximately 1.2 mm.<sup>14</sup> Assuming that the orifice is roughly circular, anatomic estimates of normal adult aortic valve area from various strains of mice are about 0.8 to 1.3 mm<sup>2</sup>. Estimates of normal aortic valve area are somewhat higher ( $\approx 1.60$  mm<sup>2</sup>) when Doppler methods are used.<sup>11</sup>

Normal peak systolic velocity of blood flow across the aortic valve in mice is  $<1.5$  m/s,<sup>11,15–17</sup> predicting peak transvalvular gradients of  $<10$  mm Hg, findings corroborated by invasive hemodynamic studies.<sup>11,14</sup> Reduction of systolic aortic valve dimension by  $>50\%$ , corresponding to reduction of valve area by  $>75\%$ , is sufficient to induce hemodynamically important transvalvular pressure gradients of  $>50$  mm Hg, a finding that recapitulates seminal findings in humans with aortic valve disease.<sup>2</sup> Hemodynamically significant aortic valve stenosis causes left ventricular hypertrophy and reduced systolic function in mice.<sup>11,14</sup>

Aortic transvalvular systolic gradients are increased in mice with aortic valve regurgitation.<sup>22</sup> Thus, it is advantageous to evaluate valvular function with at least 2 imaging techniques (eg, cusp separation distance by M-mode echocardiography and transvalvular velocity with Doppler), in addition to determining whether there is aortic valve regurgitation (eg, with color Doppler imaging or MRI imaging). This is particularly important when evaluating the myocardial consequences of CAVS, because mice with moderate or severe aortic valve regurgitation develop left ventricular hypertrophy, biventricular enlargement, and decreased systolic function of both ventricles, even in the absence of aortic stenosis.<sup>20</sup>

These findings were culled from studies in relatively few mice, and may not account for differences between “normal” mouse strains or differences between sexes. Thus, they may

be useful for planning future studies, but do not supplant the need to address possible strain or sex differences in the development of CAVS.

Noninvasive imaging techniques are useful for longitudinal studies to characterize the evolution of aortic valve dysfunction and responses to therapeutic interventions. Characterization of events at the cellular and molecular levels, however, generally requires studies of tissue *ex vivo* or cells *in vitro*, which greatly increases the complexity of long-term investigations. Development of multimodality imaging methods suitable for long-term, serial-imaging studies of the aortic valve (similar to what has been accomplished in blood vessels, where movement artifact and sampling rate are less<sup>23</sup>) will undoubtedly provide significant insight into mechanisms contributing to the development of aortic valve stenosis and biological responses to therapeutic interventions.

## Assessment of Histological, Structural, and Biological Changes in Mouse Aortic Valves

### Histological Changes

Histological examination of the aortic valve is useful to quantify calcium deposition in sections of the valve. Staining with alizarin red is preferable to von Kossa, not only because of its specificity for calcium, but also because mice with a C57BL/6 background often have artifactual deposits of black pigment (perhaps lipofuscin) in the aortic valve that resemble the black stain of calcium with von Kossa.<sup>24</sup> Masson’s trichrome stain and picrosirius red staining are useful for detection of gross changes in collagen,<sup>12,25–27</sup> and Movat’s pentachrome staining is useful for evaluation of changes in content of collagen, elastin, and proteoglycans.<sup>28</sup> Oil red O is commonly used for assessing lipid deposition in the valve.<sup>12,13,24</sup> It is important to evaluate histological changes not only in the cusps of the valve, but also at the attachment points of the valve cusps (where calcification often begins).

### Gene Expression, Protein Levels, and Enzyme Activity

In studies of aortic valve from humans, the relatively large amount of tissue facilitates evaluation of DNA (eg, genome sequencing), mRNA (eg, using quantitative real-time RT-PCR), and protein (eg, Western blots, chromatin immunoprecipitation assays), often from the same patient or sample.

In mice, the amount of tissue in aortic valve from 1 mouse is sufficient for measurement of gene expression with quantitative real-time RT-PCR.<sup>29–31</sup> To examine changes in protein levels during various stages of valve disease, immunohistochemistry is useful<sup>12,13,15,30</sup> but is limited because it is semiquantitative. High levels of tissue autofluorescence in calcified tissue require careful correction for background fluorescence with adjacent sections.

Although valve tissue could be pooled from a cohort of animals to use in more quantitative assays (eg, Western blotting), the amount of time required to generate animals with hemodynamically significant CAVS (9 to 12 months or longer) and the number of animals required for pooling ( $>5$ ) make it logistically and financially difficult to use such techniques.

Evaluation of enzymatic activity in mouse valve tissue is extremely challenging when isolated protein is required (for the sample size limitations listed above). Indirect assays of enzyme activity are frequently used in frozen histological sections. For example, we have used PEG-superoxide dismutase-inhibitable fractions of dihydroethidium to evaluate superoxide levels in mouse valves,<sup>12,13</sup> and similar approaches could be used with enzymatic inhibitors (eg, oxidase inhibitors). Recent development of high-sensitivity chemiluminescent compounds (eg, L-012) have been used to measure superoxide levels in mouse basilar arteries,<sup>32</sup> providing hope for a more quantitative assay for use on microsamples.

Finally, the emerging field of molecular imaging may be useful for valvular and vascular biology. Of particular interest are compounds that emit fluorescence after they are cleaved by specific enzymes. These molecules have been used to demonstrate that MMP activity,<sup>19</sup> cathepsin activity,<sup>33</sup> inflammatory cell infiltrate,<sup>34</sup> and osteoblast-like cell activity<sup>19,33,34</sup> are substantially increased in aortic valves from hypercholesterolemic mice. These compounds are available with different excitation/emission wavelengths, making them a powerful tool to understand valvular biology when they are combined with each other or with standard fluorescent immunohistochemical methods.

## Limitations and Future Directions

### Limitations

One major advantage of studying CAVS in mice is that they are the only species, other than humans, that have been shown to develop hemodynamically important stenosis.<sup>11–14</sup> Other advantages, like other studies in mice, are that genetic alterations are readily available, and new strains and colonies can be expanded rapidly. Perhaps more important, the relatively short lifespan of the mouse makes it an attractive model for the study of time- and age-dependent diseases such as CAVS. There are, however, significant limitations associated with using mouse models of CAVS.

The major disadvantages of studying CAVS in mice relate largely to their size. The hemodynamic evaluation of severity of stenosis has been challenging. However, echocardiographic evaluation of severity of aortic valve stenosis in mice has been refined, and high-resolution imaging systems are commercially available. Direct measurements of transvalvular pressures have been used to validate the use of echocardiographic measurements of cusp separation distance, which correlate well with peak transvalvular blood velocity (in the absence of aortic valve regurgitation).<sup>11,14</sup>

Histological assessment of valvular structure and calcium deposition has inherent limitations. A great limitation lies in the methods required to reconstruct serial sections into a 3-dimensional image that can be quantitated. Although advances in quantitative stereology and associated software packages have made some advances possible,<sup>35,36</sup> it is still extremely challenging to accurately quantitate valvular collagen, cellular composition, and other variables. Accurate quantitation of valve structure from 3-dimensional confocal/multiphoton images from intact tissues is difficult because of image distortion, secondary to differing refractive indices,<sup>37,38</sup>

which also vary at different excitation/emission wavelengths (making image registration across wavelengths and imaging modalities challenging).

Quantitative analysis of protein levels in valves from mice is challenging. Semiquantitative analyses of immunohistochemically stained tissues are the predominant tool for evaluating changes in protein levels and posttranslational modifications. Fluorescent immunohistochemical techniques provide the distinct advantage of analyzing spatial distribution of changes in protein levels (eg, base versus tip of valve), and double- or triple-staining methods allow for evaluation of coexpression/colocalization of specific molecules. Pooling of tissue from multiple animals for Western blotting is theoretically feasible for young animals/cohorts, but routine quantitative analysis of proteins in valves from mice with severe CAVS will require the refinement of microdissection, micro-purification, and microanalysis techniques.

Perhaps the greatest challenge in using mice is examination of molecular mechanisms underlying CAVS. The small size of the valve cusps and base, and limited amount of tissue, makes isolation of pure tissue and examination of gene expression (by qRT-PCR) challenging. Yields of RNA are sufficient for use in such applications, however, when combined with high-fidelity, high-efficiency RT enzymes.

### Future Directions

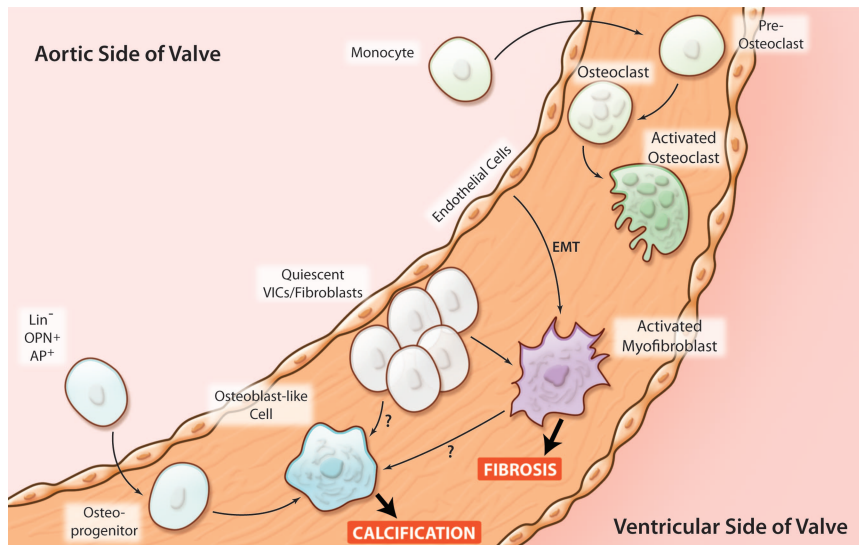
The resolution available with echocardiographic imaging of the aortic valve is likely to continue to improve, and provide greater accuracy and precision to analysis of aortic valve structure and function. Improvements in imaging systems, however, will further our understanding of CAVS only if measurements are taken under reasonably physiologically meaningful conditions (eg, heart rate >500, ejection fraction >75%). Furthermore, great care must be taken to evaluate not only the severity of aortic valve stenosis, but also the presence and severity of aortic valve regurgitation, which can alter the transvalvular systolic gradient.

Advances have been made in micro-computed tomography (CT) imaging, which does not have distortion or registration issues associated with laser- or fluorescence-based, 3-dimensional microscopy techniques. Thus, in complex structures such as the aortic valve, 3-dimensional micro-CT imaging may prove to be useful for understanding the spatial distribution of calcium deposition during progression of CAVS.

Several echocardiographic and MRI systems can combine high-resolution imaging with molecular probes targeting surface molecules of cells. Multimodality imaging methods suitable for long-term, serial-imaging studies have already been applied to the study of atherosclerosis in mice<sup>23,39–41</sup> and aortic valve sclerosis in rabbits,<sup>42</sup> and will undoubtedly provide significant insight into mechanisms contributing to the development of aortic valve stenosis and biological responses to therapeutic interventions.

### Procalcific and Anticalcific Signaling During the Progression of CAVS

Activation of pro-osteogenic signaling cascades is thought to be a central mechanism contributing to the initiation and



**Figure 3. Potential origins of cells that contribute to valvular calcification and fibrosis.** Possible origin of osteoblast-like and osteoclast-like cells in aortic valves in human and murine calcific aortic valve stenosis. Activated myofibroblasts are likely to come from either quiescent valvular interstitial cells (VICs) or from a subpopulation of endothelial cells that undergo endothelial to mesenchymal transformation (EMT). Osteoclast-like cells may originate from circulating monocytes. (Illustration: Cosmocyte/Ben Smith.)

progression of calcific aortic valve stenosis. Osteogenic signaling cascades, especially bone morphogenetic protein and Wnt/ $\beta$ -catenin signaling, are activated in calcifying valves. Because other papers in this series will focus on these signaling cascades in detail, we will discuss them only briefly.

### Bone Morphogenetic Protein (BMP) Signaling

Increased levels of phospho-smad1/5/8, a hallmark of canonical BMP signaling, occur in stenotic valves.<sup>43</sup> Mechanisms that contribute to increased BMP elaboration are not clear, but recent data suggest that nonlaminar flow patterns on the aortic side of the valve may be a key initiator of BMP2/4 secretion from the valvular endothelium.<sup>44–46</sup> In hypercholesterolemic mice, phospho-smad1/5/8 levels increase prior to reduction of valve opening, and increase further as valvular calcification progresses and valve function becomes impaired.<sup>12,13</sup> Tonic suppression of BMP signaling by inhibitory Smads is important in preventing cardiovascular calcification, because Smad6-null mice develop cardiovascular calcification and have evidence of aortic ossification at only 2 weeks of age.<sup>47</sup>

### Wnt/ $\beta$ -Catenin Signaling

Increases in levels of low-density lipoprotein receptor-related protein 5 (Lrp5) and associated increases in nuclear accumulation of  $\beta$ -catenin have been reported in valves from humans with CAVS.<sup>48</sup> Beta-catenin immunofluorescence also increases in calcified valves from hypercholesterolemic rabbits<sup>49</sup> and in hypercholesterolemic mice with advanced CAVS.<sup>13</sup>

### TGF- $\beta$ Signaling and Calcification

The role of TGF- $\beta$  in the initiation and progression of aortic valve calcification is not clear. Data from valvular interstitial cells plated directly on plastic or glass culture dishes show convincingly that TGF- $\beta$ 1 induces cell apoptosis, cellular aggregation, and calcified nodule formation,<sup>50–57</sup> but administration of TGF- $\beta$ 1 to cells plated on a less stiff collagen matrix does not induce osteogenic differentiation and calci-

fication.<sup>58</sup> Furthermore, there is a clear dissociation between TGF- $\beta$  signaling and osteogenic protein levels with lipid lowering *in vivo*,<sup>13</sup> which suggests that TGF- $\beta$  is not a primary inducer of pro-osteogenic signaling in hypercholesterolemic mice with advanced valve disease. Although some data suggest that TGF- $\beta$  may actively suppress pro-osteogenic signaling in skeletal osteoblasts *in vivo*,<sup>59</sup> the role of TGF- $\beta$  in suppression or activation of osteogenic signaling *in vivo* is not clear.

### Identifying the Origin of Cells That Redifferentiate to Osteoblast-like Cells

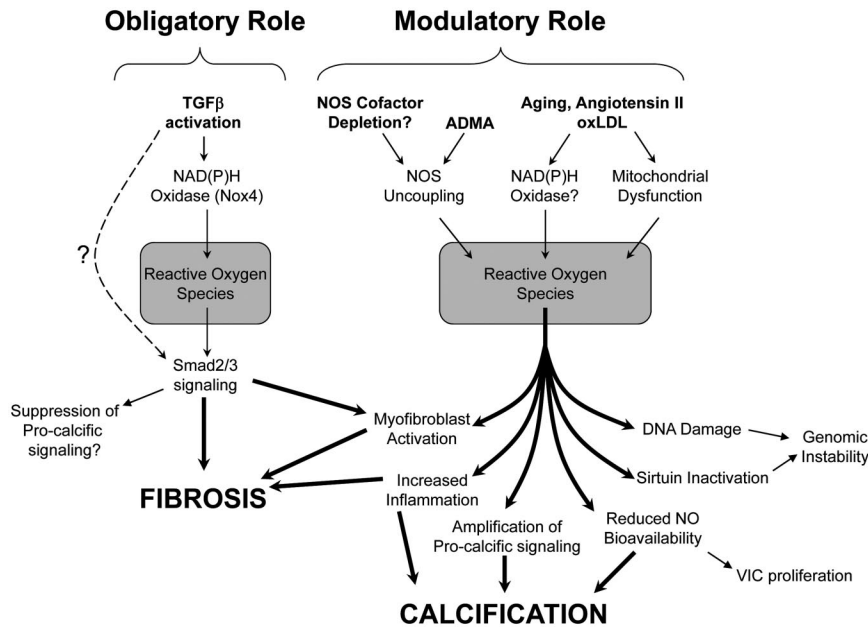
The conventional wisdom is that osteogenesis in stenotic valves results from activation of maladaptive signaling, which drives the redifferentiation of resident valvular interstitial cells to an osteoblast-like phenotype<sup>60</sup> (Figure 3). There are, however, several lines of evidence that suggest that cells other than the resident valvular interstitial cell can contribute to osteogenesis in the valve. First, a subset of valvular endothelial cells appears to undergo endothelial–mesenchymal transformation,<sup>61,62</sup> which may provide a subpopulation of cells with a propensity for activation and calcification (Figure 3). Second, circulating progenitor cells may contribute to vascular and valvular calcification by either redifferentiating to an osteoblast-like cell or by promoting interstitial cell calcification through paracrine signaling<sup>63–66</sup> (Figure 3). Studies from lethally irradiated mice, which undergo green fluorescent protein marrow transplantation, suggest that  $\approx 15\%$  or more of the valvular cell population (endothelium,  $\alpha$ -smooth muscle actin positive cells, and inflammatory cell infiltrate) may be comprised of cells that originated from bone marrow.<sup>15,67</sup>

### Endogenous Mechanisms That May Modulate Procalcific Signaling in CAVS

#### Reactive Oxygen Species

Reactive oxygen species (ROS) appear to be a central pathophysiological component of a number of cardiovascular diseases, including atherosclerosis,<sup>68–70</sup> hypertension,<sup>71–73</sup>





**Figure 4. Mechanisms whereby reactive oxygen species (ROS) may modulate procalcific and profibrotic signaling in calcific aortic valve stenosis.** Nox4-derived ROS may play an obligatory role in TGF- $\beta$  signaling and induction of fibrosis. In contrast, ROS may play a modulatory role in promoting aortic valve calcification.

and thrombosis,<sup>74–77</sup> and can originate from a number of enzymatic sources.<sup>68,76</sup> Superoxide and hydrogen peroxide are significantly increased in the calcified and pericardic regions of stenotic aortic valves.<sup>78</sup> Uncoupled nitric oxide synthase and reductions in antioxidant enzyme expression and activity appear to be major contributors to increased ROS in stenotic valves.<sup>78</sup> Although increases in global NAD(P)H oxidase activity do not appear to be major contributors to increased ROS in stenotic valves,<sup>78</sup> ROS derived from p47<sup>phox</sup>-dependent oxidases may be generated in pericardic microenvironments.<sup>79</sup>

There are several lines of evidence supporting the concept that ROS play an important role in progression of CAVS (Figure 4). First, ROS are increased prior to valve dysfunction in mice, which suggests that increased ROS are not merely the consequence of increased cusp stress associated with valve calcification.<sup>12</sup> Second, ROS have been implicated as a critical link in the transduction of pro-osteogenic and profibrotic signaling cascades (see sections on TGF- $\beta$  signaling<sup>80</sup> and Figure 4). Third, addition of exogenous ROS accelerates calcification of VSMC's in vitro.<sup>81,82</sup> Finally, administration of lipoic acid (which reduces superoxide and H<sub>2</sub>O<sub>2</sub>), but not tempol (which only reduces superoxide), attenuates calcification in rabbit model of valvular sclerosis.<sup>79</sup>

Although we have a general understanding of ROS that are increased and general enzymatic sources of ROS in stenotic valves, there are major gaps in our understanding of the role of ROS in valvular calcification. Specifically, it is not known which nitric oxide synthase isoforms or NAD(P)H oxidase isoforms contribute to increased generation of ROS, nor do we know the relative contributions of different antioxidant mechanisms (eg, catalase, superoxide dismutases, and peroxidases) in their respective subcellular compartments. Genetically altered mice will allow elucidation of the role of specific ROS-related enzymes in the pathogenesis of CAVS.

### Nitric Oxide Bioavailability

Reduction of nitric oxide bioavailability is strongly associated with a number of cardiovascular diseases, and NO

bioavailability is often inversely correlated with increases in ROS. Expression of endothelial nitric oxide synthase is increased on the aortic side of the valve in early stages of valve disease,<sup>83</sup> and increased eNOS immunofluorescence is evident in neovessels in advanced stages of valve disease.<sup>84,85</sup> One might anticipate that increased expression of eNOS would protect against CAVS and suppress interstitial cell proliferation (Figure 4). Overexpression of eNOS in hypercholesterolemic mice, however, accelerates atherosclerosis due to NOS uncoupling,<sup>86</sup> and NOS uncoupling may contribute to increases in reactive oxygen species in human CAVS.<sup>78</sup>

Nevertheless, there are several observations that together suggest that increases in NO bioavailability may be a useful strategy to slow progression of aortic valve calcification (see Figure 4). First, endogenous inhibitors of nitric oxide synthase—such as asymmetrical dimethylarginine—are significantly increased in patients with CAVS.<sup>87,88</sup> Second, addition of exogenous NO slows calcium nodule formation in valve interstitial cells in vitro.<sup>51</sup> Third, administration of statins to hypercholesterolemic rabbits is associated with robust increases in eNOS levels<sup>89</sup> and attenuation of valvular calcium deposition. Finally, administration of NOS cofactors slows progression of atherosclerosis in mice.<sup>90</sup>

### Renin–Angiotensin System (RAS)

Several findings suggest that angiotensin II may lead to oxidative stress, inflammation, and accelerated development of CAVS. First, hypertension, which often involves the RAS, is a risk factor for vascular calcification<sup>91</sup> and CAVS.<sup>1</sup> Second, monocytes<sup>92</sup> and macrophages in atherosclerotic lesions<sup>93</sup> contain Ang II, and there are many macrophages in stenotic aortic valves.<sup>12,94,95</sup> Third, expression of angiotensin-converting enzyme (ACE) and angiotensin type I receptors (AT<sub>1</sub>R) is increased in stenotic valves, and colocalizes with macrophages and mast cells primarily in pericardic regions of stenotic valves.<sup>95</sup> Fourth, Ang II promotes oxidative stress and inflammation,<sup>96–98</sup> which are associated with CAVS.



In animal models of atherosclerosis and hyperlipidemia-induced valve disease, AT<sub>1R</sub> blockade prevented inflammatory cell infiltration and myofibroblast activation in early stages of valve disease.<sup>99</sup> A retrospective clinical study also suggested that an AT<sub>1R</sub> blocker, but not an ACE inhibitor, protected against progression of valve disease in early (but not late) stages of CAVS.<sup>100</sup> Other retrospective clinical studies, however, have yielded conflicting results with regard to the effects of ACE inhibitors on calcium and progression of CAVS.<sup>101,102</sup> The efficacy of ACE inhibitors in reducing Ang II levels in patients with CAVS may be limited by high levels of chymase (which can convert Ang I to Ang II) in human valves.<sup>95</sup> Thus, although there is a strong biological rationale that implicates the RAS in progression of CAVS, the lack of prospective, experimental data (in studies in animals or humans) prevents a firm conclusion.

### RANK/RANKL/OPG

There is a complex interaction between receptor activator of NF $\kappa$ B (RANK), RANK ligand (RANKL), and osteoprotegerin (OPG) in relation to oxidative stress and inflammation, through effects on NF $\kappa$ B.<sup>103,104</sup> This interaction has important consequences for calcification of bone, arteries, and perhaps the aortic valve.

Increased RANK activation/RANKL levels may influence cardiovascular calcification through effects on both circulating cells and resident cells. RANKL elaborated from calcifying vascular smooth muscle cells is Runx2 dependent and sufficient to induce monocyte recruitment and osteoclast differentiation in calcifying atherosclerotic lesions in mice.<sup>105</sup> This mechanism may modulate intimal plaque calcification. This RANKL-stimulated osteoclast differentiation may be mediated in part by ROS, and RANKL in turn induces further ROS generation.<sup>106,107</sup> In contrast, RANKL increases calcification of vascular smooth muscle cells, perhaps through a BMP4 pathway.<sup>108</sup> Finally, OPG (which is an endogenous decoy receptor for RANKL, and inhibits inflammation and the pro-osteogenic pathway) inhibits aortic calcification in OPG<sup>-/-</sup> mice.<sup>109</sup>

On the basis of seminal studies in blood vessels,<sup>110,111</sup> we speculate that OPG may inhibit calcification of the aortic valve. First, RANKL is greater in stenotic than normal aortic valves from humans,<sup>112,113</sup> and promotes calcification of myofibroblasts in vitro.<sup>112</sup> Second, calcification of atherosclerotic lesions in innominate artery is accelerated in apoE-deficient mice that are OPG-deficient.<sup>110</sup> Third, injections of OPG prevented calcification of the aorta in *ldlr*<sup>-/-</sup> mice but had no impact on extent of total atherosclerosis. This finding suggests that intimal calcification can be dissociated from lipid deposition and tissue fibrosis in atherosclerosis.<sup>111</sup> It is not known whether similar phenomena occur in calcifying valves.

### Peroxisome Proliferator-Activated Receptor Gamma (PPAR $\gamma$ )

PPAR $\gamma$  is a member of the nuclear hormone receptor superfamily of ligand-dependent transcription factors.<sup>114,115</sup> Several findings imply that PPAR $\gamma$  may protect against CAVS. First, increasing PPAR $\gamma$  impairs differentiation of progenitor

cells and calcifying vascular cells into an osteoblast-like lineage in vitro.<sup>116</sup> Second, inhibition of PPAR $\gamma$  (pharmacologically or with siRNA) increases differentiation of embryonic stem cells to osteoblasts.<sup>117</sup> Third, PPAR $\gamma$  ligands promote antioxidant and anti-inflammatory gene expression profiles.<sup>118</sup>

The role of PPAR $\gamma$  in valve calcification is not known. Interestingly, PPAR $\gamma$ -related pathways, however, are increased in early stages of hypercholesterolemia-induced valve disease, which may contribute to protection of the endothelium.<sup>83</sup>

Thus, PPAR $\gamma$  regulates expression of genes that modulate expression of osteoblasts, are antioxidant and anti-inflammatory, and may thereby protect against CAVS. Multiple signaling pathways appear to be important in the pathophysiology of CAVS. Activation of PPAR $\gamma$  is attractive as a potential treatment for CAVS because, instead of targeting a single mechanism, PPAR $\gamma$  affects a large clusters of genes,<sup>119</sup> and thus may protect the valve through multiple pathways.

### Direct Inhibitors of Osteogenic Signaling

Downregulation of inhibitors of osteogenic signaling have been implicated in the progression of CAVS. Matrix Gla protein (MGP) binds bone morphogenetic proteins, rendering them inactive,<sup>120</sup> and enhances fetuin-dependent uptake of mineralizing matrix vesicles.<sup>121</sup> In the setting of cardiovascular calcification, however, it appears that MGP may be inactivated by undercarboxylation or physical interactions with inflammatory proteins (eg, HSP70<sup>120</sup>). A retrospective clinical study suggested that warfarin use, which inhibits  $\gamma$ -carboxylase (thereby impairing MGP), is a risk factor for progression of valve disease in patients with early CAVS.<sup>100</sup> MGP-deficient mice develop massive medial vascular calcification and aortic valve calcification early in life,<sup>122</sup> and hypercholesterlemic MGP-transgenic mice are protected against cardiovascular calcification.<sup>123</sup> Thus, inactivation of MGP may be a key permissive event in initiation of osteogenic signaling in cardiovascular tissue.

### Notch Signaling

Loss-of-function polymorphisms in Notch1 are strongly associated with development and early calcification of bicuspid aortic valves in humans.<sup>124</sup> Mice that are haploinsufficient in Notch1 do not develop bicuspid aortic valves, but develop calcific aortic valve disease due to the derepression of BMP2 expression.<sup>125,126</sup> The mice, however, do not develop significant abnormalities in valve cusp function/aortic valve stenosis.<sup>125,126</sup> An intriguing possibility is that reductions in Notch1 may play a dual role in CAVS, being permissive for both BMP2/4 elaboration in the endothelium and for osteogenic differentiation in interstitial cells.<sup>127</sup> Interestingly, Notch1 activation induces Msx2-dependent osteogenic differentiation in vascular smooth muscle cells,<sup>128</sup> which implies that effects of Notch1 activation are highly context dependent.

### Matrix Metalloproteinases (MMP), Cathepsins, and Valvular Calcification

MMP-1,<sup>129–131</sup> MMP-2,<sup>132</sup> MMP-3,<sup>133</sup> MMP-9,<sup>134</sup> and cathepsins S,<sup>135</sup> K,<sup>135</sup> V,<sup>135</sup> and G<sup>136</sup> are increased in stenotic

human valves. The functional significance of alterations in MMPs in valve calcification remains unclear, although matrix remodeling is likely to play an important role in permitting the expansion of calcified plaques and in the generation of proinflammatory collagen fragments.<sup>137,138</sup> Elastin fragments produced by active cathepsin S are a major contributor to valvular and vascular calcification in hypercholesterolemic mice with chronic renal failure.<sup>33</sup> Genetically altered mice will be useful in determining whether inhibitors of MMPs or cathepsins are a viable therapeutic target to slow the progression of CAVS.

### Proinflammatory Cytokines

Inflammatory cell infiltrate and production of proinflammatory cytokines are markedly elevated in valves from both humans and mice with CAVS (Figure 1). Effects of pro- and anti-inflammatory cytokines on valve biology have not been thoroughly examined, but 2 lines of evidence suggest that TNF- $\alpha$  may be a critical downstream mediator of inflammation-induced calcification. First, mice that are deficient in interleukin-1 receptor antagonist (IL-1rn) have pronounced valve thickening, calcification, and modest sclerosis/stenosis (peak velocity  $\approx$  2 m/s); this valvular phenotype is abrogated in IL-1rn/TNF- $\alpha$  double-knockout mice.<sup>139</sup> Second, TNF- $\alpha$  appears to be a critical intermediary in the induction of vascular calcification and MMP activation in diabetic mice, as administration of infliximab (a TNF- $\alpha$  neutralizing antibody) inhibits BMP2-Msx-Wnt signaling in aorta.<sup>140</sup> We speculate that isoform-specific receptor blockers may be useful when targeting TNF- $\alpha$  signaling, because activation of TNF- $\alpha$  receptor 1a is responsible for many of the deleterious effects of TNF- $\alpha$ , and activation of TNF- $\alpha$  receptor 1b may confer some beneficial/protective effects.<sup>141</sup>

Activation of receptors of advanced glycosylation end products (RAGE) can accelerate VSMC calcification both in vitro<sup>142–145</sup> and in vivo.<sup>142,146,147</sup> The contribution of this pathway to development of CAVS has not been tested experimentally, but several observations in patients suggest that RAGE activation may contribute to progression of CAVS. First, metabolic syndrome and diabetes are risk factors for development of CAVS,<sup>148</sup> and such patients have marked increases in plasma and tissue AGE levels.<sup>149</sup> Second, circulating soluble RAGEs, which prevent AGEs from binding to tissue RAGEs, are reduced in patients with CAVS.<sup>150</sup> Thus, reducing AGE levels and RAGE activation may prove to be useful in slowing progression of CAVS in some patients.

### Is Valvular Calcification Always an Osteogenic Process?

Recent studies of mechanisms that contribute to CAVS have assumed that ectopic calcification is primarily or exclusively an active process resembling processes observed in bone. The relative importance of true “ectopic osteogenesis,” however, is not entirely clear in humans or in mice with CAVS. In our opinion, there are several potential mechanisms whereby calcium nodules may initiate or expand in CAVS (Figure 5).

First, valvular calcification may progress by a process that parallels bone. Approximately 15% to 20% of valve cusps

from patients with CAVS have evidence of bone matrix, including osteoid cells, highly organized collagen scaffolds, multinucleated osteoclast-like cells, and marrow pockets.<sup>151</sup> To date, similar structures have not been described in murine CAVS.

A second possible mechanism of valvular calcium accumulation is accumulation of amorphous calcium deposits. Calcified nodules of this type typically have a crystalline ultrastructure, and lack live cells within the core of the calcified mass itself.<sup>151,152</sup> Cellular necrosis and apoptosis are classical mechanisms of nodule formation and expansion of amorphous calcium.<sup>152–154</sup> In vitro, TGF- $\beta$  induces caspase-dependent apoptosis and formation of calcified nodules, and TGF- $\beta$  is markedly increased in valves from humans with CAVS.<sup>52,55</sup> Although mechanisms of TGF- $\beta$ -induced calcification are highly substrate/matrix sensitive in vitro<sup>57</sup>, these data support the concept that formation of osteoid cells is not always a primary event in initiation or expansion of calcified nodules. It is important to note that, although accumulation of calcium may not occur via a process that resembles skeletal ossification, initiation (and perhaps progression) of calcium deposition via this mechanism may occur via (1) tightly regulated “active” processes, such as caspase-dependent apoptosis, or (2) “passive” processes, via accumulation of calcium secondary to tissue necrosis. The relative contributions of both pathways to valve calcification remains poorly understood, and both may prove to be therapeutic targets for patients with CAVS.

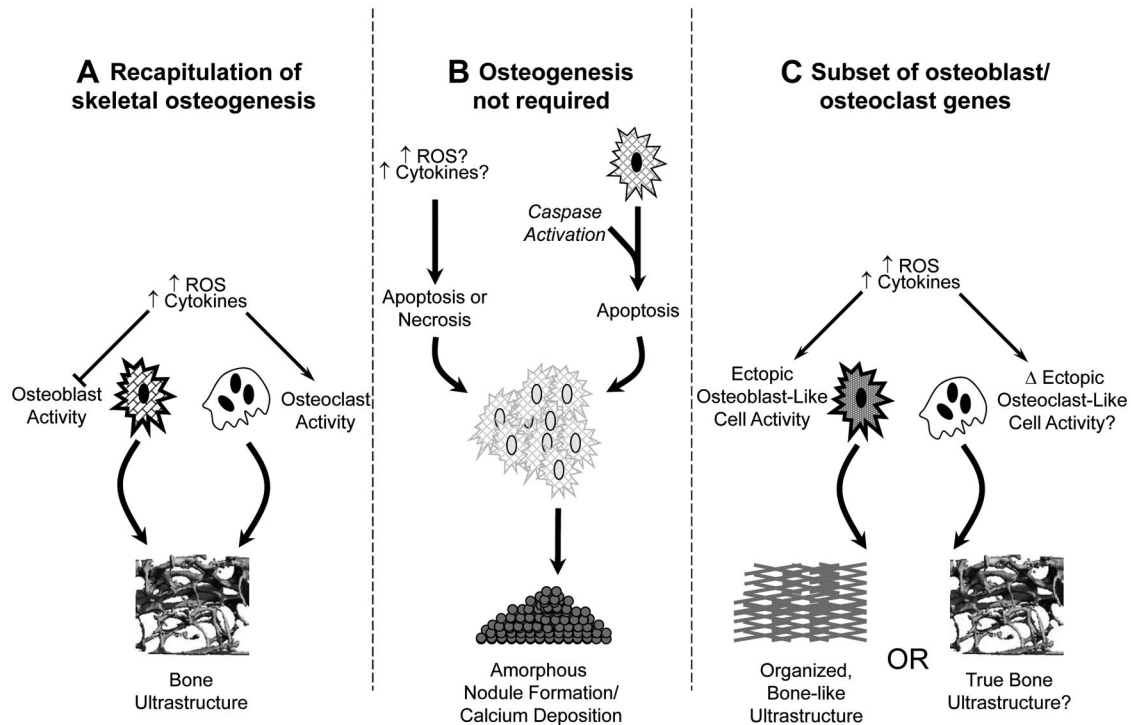
A third mechanism may lead to valvular calcification in humans and mice. Active mineralization of valvular tissues may occur by cells that express a subset of osteogenic genes,<sup>12,13,19,155</sup> but is regulated by processes that are fundamentally different from skeletal ossification. In vitro, calcifying cells of cardiovascular origin respond to several external stimuli in a manner that is fundamentally different from skeletal osteoblasts.<sup>82</sup> As mentioned above, cells expressing osteogenic markers frequently are found near calcified areas in both humans and mice,<sup>12,13,19,78,151</sup> although the functionality (and malleability of their function) has yet to be determined experimentally.

In summary, it is not clear which signaling cascades are responsible for initiation and progression of aortic valve calcification in vivo, or which mechanisms predominate in CAVS in humans or mice. These questions deserve attention, and will ultimately be addressed through careful histomorphometric studies that examine the cellularity, ultrastructure, composition, and molecular fingerprint of calcified nodules in human and murine CAVS.

### Role of Fibrosis in CAVS

The conventional wisdom is that calcification is the major determinant of stenosis in CAVS. Acquired fusion of valve cusps also may contribute to stenosis, but commissural fusion is not common in CAVS, in contrast to rheumatic and congenital aortic stenosis. We suggest that fibrosis of the valve, as well as calcification, may contribute importantly to CAVS (see Figure 6).

There is extensive fibrosis of the aortic valve in humans<sup>30</sup> and mice<sup>12</sup> with CAVS. Extracellular matrix synthesis (ECM)



**Figure 5. Potential pathways contributing to calcified nodule formation in calcific aortic valve stenosis (CAVS).** **A**, Recapitulation of classical skeletal osteogenesis, in which osteoblast and osteoclast cells respond to exogenous stressors (such as oxidative stress) in a manner similar to that found in bone-derived osteoblasts. **B**, Formation of amorphous calcific nodules without a requirement for osteoblast-like cells, in which stressors initiate cellular aggregation, apoptosis or necrosis, and nodule formation. **C**, “Pseudoskeletal” ossification, in which cells expressing a subset of osteoblast or osteoclast genes are present in the aortic valve, but respond to exogenous stimuli in fundamentally different ways. For example, previous studies in vitro have shown that—unlike skeletal osteoblasts—cells from cardiovascular tissue typically increase their osteogenic potential in response to exogenous oxidative stress. Bone matrix, replete with marrow hematopoietic elements, has been identified in aortic valves of some patients with CAVS. It is not clear whether this requires processes identical to skeletal osteogenesis (**A**), or whether similar structures can be formed by osteoblast-like cells (**C**). ROS = reactive oxygen species.

can originate from activated myofibroblasts (ie,  $\alpha$ -smooth muscle actin positive cells in the valve). Myofibroblast activation occurs early in the development of aortic valve disease,<sup>12</sup> and myofibroblasts may actively secrete collagen,<sup>156</sup> hyaluronan,<sup>157,158</sup> and other ECM components during development and progression of CAVS. ECM composition and stiffness may have a profound impact on the phenotype of valve interstitial cells, and ECM may contribute to differentiation of cells to an osteoblast-like phenotype.<sup>57,58,159–161</sup> If additional studies continue to implicate fibrosis in the pathogenesis of CAVS, it may be more accurate to use the term fibrocalcific aortic valve stenosis.

### TGF- $\beta$ and Fibrosis

TGF- $\beta$  is an anti-inflammatory and profibrotic cytokine.<sup>162,163</sup> TGF- $\beta$  plays a critical role in fibrosis of the myocardium after injury, and also may “stabilize” atherosclerotic plaques in arteries, by its anti-inflammatory and profibrotic effects. TGF- $\beta$  signaling and myofibroblast activation are markedly increased during development of CAVS in mice<sup>12,13</sup> and in valves from patients with severe CAVS,<sup>55</sup> making it an attractive candidate as a primary driver of fibrosis in CAVS.

### Twist1

Reactivation of developmental gene expression programs may occur in the stenotic valve. Specifically, increases in

Twist1, which is essential for normal endocardial cushion development and remodeling, have been reported in the pericardial regions of stenotic aortic valves.<sup>30</sup> Overexpression of Twist1 in mice produces valvular hypercellularity and excessive cusp fibrosis, which suggests that Twist1 may contribute to valvular fibrosis and interstitial cell proliferation in advanced CAVS.<sup>30</sup>

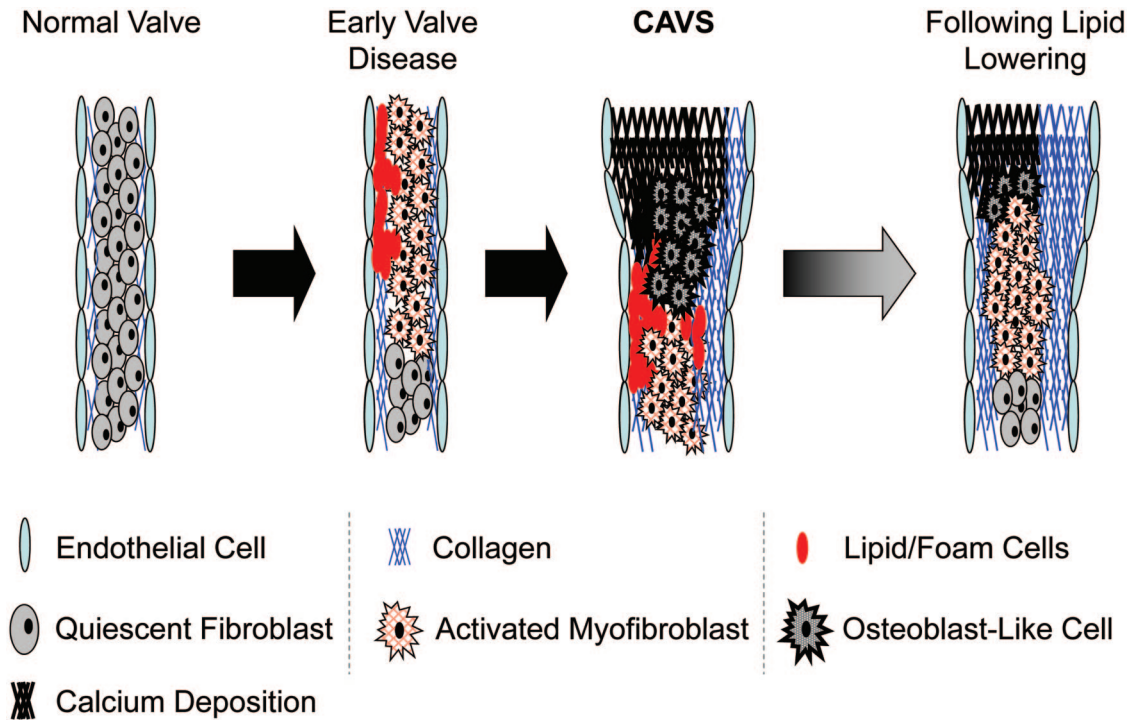
### Aging, Valvular Calcification, and Valvular Fibrosis: Failure of Multiple Regulatory Mechanisms?

Increasing age is one of the strongest predictors of cardiovascular calcification<sup>164</sup> and the development of aortic valve stenosis.<sup>165</sup> Several regulatory mechanisms may have a profound effect on lifespan, genomic stability, and age-related diseases. We will discuss a few areas of research in aging that hold promise for advancing our understanding of cardiovascular calcification during aging.

### Progeric Humans and Mice

Patients with progeroid syndromes (eg, Hutchinson–Gilford syndrome or Werner’s syndrome) have increased prevalence of severe aortic valve calcification and stenosis.<sup>166–170</sup> Non-progeroid humans with atherosclerotic lesions accumulate prelamin A (whose expression is increased in some forms of progeria) in areas close to senescent or calcifying smooth





**Figure 6. Progression and “regression” of calcific aortic valve stenosis (CAVS) in “Reversa” mice.**<sup>12,13</sup> Early stages of CAVS in mice involve myofibroblast activation and lipid insudation/foam cell formation, and are followed by the appearance of osteoblast-like cells, valvular calcification, and substantial increases in valvular fibrosis. Following reduction of blood lipids (“regression” in **right panel**), there are substantial reductions in valvular lipid content and calcium content, but valvular fibrosis remains increased. Despite reduction of valvular lipid and calcium content, aortic valve function does not improve with substantial lipid lowering.

muscle cells.<sup>171</sup> Mice that overexpress progerin develop robust vascular calcification at a young age.<sup>172</sup> We speculate that characterizing changes in expression of these molecules in stenotic human valves, and the valvular phenotypes of progeric mouse models, will provide important insights into mechanisms that contribute to CAVS.

Other mouse models of aging and progeria develop cardiovascular calcification. For example, klotho-deficient mice develop premature vascular calcification.<sup>173</sup> These mice, however, also develop calcification of the gut and other soft tissues, which are not typically associated with normal aging.<sup>173,174</sup>

### Posttranscriptional Regulation of Gene Expression in CAVS

An emerging field of study is the role of micro-RNA in the regulation of mRNA stability and translation. One microRNA may target many, perhaps hundreds, of mRNAs,<sup>175</sup> predominantly by destabilization of target mRNAs, resulting in their subsequent degradation.<sup>176</sup> MicroRNA expression is dramatically altered in numerous tissues with aging.<sup>177</sup> A recent report describing microRNAs in cardiac valves suggested that several microRNAs are decreased in stenotic bicuspid aortic valves, in comparison with insufficient valves, and may modulate mRNA levels of several procalcific genes.<sup>178</sup> Downregulation of micro-RNAs modulates development of fibrosis in myocardium,<sup>179</sup> but the role of micro-RNAs in the regulation of cardiac valve fibrosis is not known.

### Epigenetic Modifications

Changes in acetylation levels of transcription factors and histones are a critical determinant of availability and affinity of transcription factor-binding sites, result from perturbations in the balance between acetyltransferase activity and deacetylase activity (class I-IV histone deacetylases), and are significantly altered by aging. Both class I deacetylases (such as histone deacetylase 3) and class III deacetylases (the sirtuins) influence several proteins involved in cardiovascular calcification: (1) HDAC3 suppresses Runx2 activity and prevents osteoblastic differentiation,<sup>180</sup> (2) reductions in Sirt1 increase vascular inflammation and endothelial cell activation,<sup>181</sup> (3) reductions in Sirt1 and Sirt6 increase histone acetylation, promote genomic instability, and are permissive for increases in NF $\kappa$ B binding in the nucleus,<sup>182</sup> and (4) the histone acetyltransferase GCN5 increases TGF- $\beta$  binding efficiency and overall genomic instability.<sup>183</sup> Mice deficient in acetyltransferase or deacetylase enzymes have been generated, and will be useful in determining the role of histone and protein acetylation in the progression of CAVS.

DNA methylation also contributes to regulation of both global and specific gene expression, and aberrations in DNA methylation profiles are present in atherosclerosis, stroke, and cancer.<sup>184</sup> Interestingly, recent work has shown that CpG island methylation at the  $\alpha$ -smooth muscle actin promoter contributes to gene silencing in cultured smooth muscle cells, thereby facilitating redifferentiation of these cells to an osteoblast-like phenotype.<sup>185</sup> In contrast, hypermethylation of pluripotency-inducing transcription factors could potentially



prevent cellular dedifferentiation<sup>184</sup> and maintain resident valvular or vascular cells in a nonosteogenic lineage. While changes in DNA and histone methylation in stenotic aortic valves have not been examined at this time, we speculate that use of genetically altered mice and methyltransferase inhibitors will lend important insights into the role of epigenetic modifications in CAVS.

### Histological and Molecular Changes With Treatment of Valve Disease: Is Regression of CAVS Possible?

At present, surgical (ie, valve replacement) or emerging interventional (ie, percutaneous valve implantation) approaches are the only treatments for CAVS. When hypercholesterolemia is the primary driver of valve calcification, lipid-lowering therapy may be a useful intervention in hypercholesterolemic patients with relatively early stages of CAVS.<sup>186</sup> On the basis of data from 3 large clinical trials (SEAS,<sup>187</sup> SALTIRE,<sup>188</sup> and ASTRONOMER<sup>189</sup>), however, lipid lowering is not likely to be beneficial for patients with severe CAVS. To determine molecular, histological, and functional changes with lipid lowering in early- and late-stage CAVS, we used a mouse model of CAVS in which lipids could be altered with a “genetic switch,” thereby avoiding confounding/pleiotropic effects of pharmacological interventions.<sup>190–192</sup>

### Histological Changes Following Lipid Lowering

Reduction of blood lipids in mice reduces valvular lipid content and inflammatory cell infiltrate in both early and late stages of hypercholesterolemia-induced CAVS<sup>12,13</sup> (see Figure 6). Lipid-lowering therapy also reduces BMP<sup>12</sup> and Wnt/ $\beta$ -catenin signaling<sup>13</sup> and, remarkably, reduces valvular calcium.<sup>12,13</sup> This finding is markedly different from observations in advanced atherosclerotic lesions, in which activity of osteoblast-like cells is markedly reduced by statins,<sup>23</sup> but calcium deposits are resistant to reduction and resorption.<sup>193,194</sup> These contrasting effects in valves and arteries are somewhat surprising because osteoclast-like cells are present in both calcifying aortic valves<sup>79,195–197</sup> and in arteries.<sup>198,199</sup> Further work to examine differences in calcified plaque composition/ultrastructure, and differences in osteoblast-like/osteoclast-like function in arteries and valves, will be important to understanding the susceptibility of calcified deposits to resorption in different cardiovascular tissues.

In contrast to valvular lipid and calcium, valvular fibrosis is remarkably refractory to lipid lowering (Figure 6). Fibrosis, extending into the spongiosa of the valve, persists even after 6 months of lipid lowering.<sup>12</sup> This finding is concordant with observations in atherosclerotic lesions during the first few months of reduction of blood lipids in hyperlipidemic monkeys, because decreases in lipid content of lesions are not accompanied by reduction of fibrosis.<sup>200</sup>

Although phospho-smad2/3 levels (indicative of TGF- $\beta$  signaling) and myofibroblast activation are reduced following lipid lowering in early stages of valve disease,<sup>12</sup> both remain elevated if lipid lowering is initiated in advanced valve disease.<sup>13</sup> We speculate that persistent myofibroblast activation may be due to epigenetic modifications resulting in

sustained expression of TGF- $\beta$  and smad2,<sup>201</sup> or cell-matrix interactions that result in sustained activation of TGF- $\beta$ 1 signaling.<sup>202</sup> Thus, interventions that target both procalcific and profibrotic signaling may be required to slow progression of valvular dysfunction in end-stage CAVS. Similarly, improving valvular function/reversing histopathologic changes in advanced CAVS may require interventions that effectively reduce valvular calcium content, connective tissue content, and their respective signaling cascades.

### Functional Changes After Lipid Lowering

When initiated in early stages of valve disease (ie, before reduction in aortic valve orifice area), lipid lowering in mice halts progression to severe aortic valve stenosis<sup>12</sup> (see Figure 6), although it is not clear whether lipid lowering confers similar benefits to patients with mild/moderate valve disease,<sup>203</sup> especially those with hyperlipidemia.<sup>186</sup> Similar to observations from large clinical trials in humans,<sup>187–189</sup> however, lipid lowering in advanced stages of aortic valve disease does not improve aortic valve function in hypercholesterolemic mice.<sup>13</sup> Taken in the context of the histological changes described above, it is clear that reducing valvular calcium per se is not sufficient to improve valvular function with lipid lowering. Thus, we speculate that reduction of valvular fibrosis may also be critical to improving valvular function.

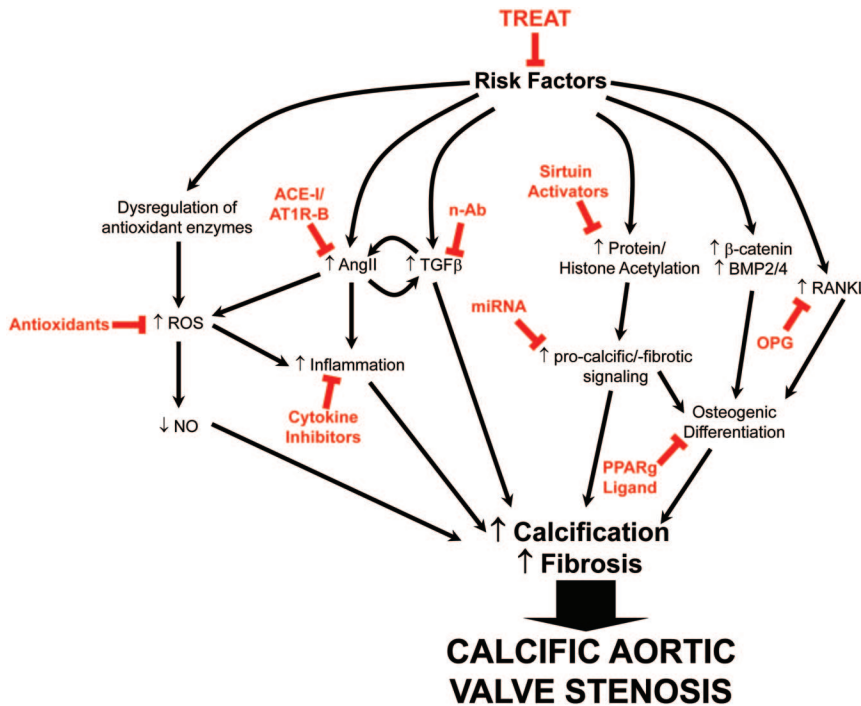
### Interventions That May Inhibit Development and Progression of CAVS in Humans and Mice

On the basis of previous studies, and discussion of endogenous mechanisms that may modulate CAVS (see above), we speculate that several interventions might potentially inhibit development or progression of calcification, fibrosis, and stenosis of the aortic valve (Figure 7).

First, lipid-lowering therapy could slow progression of aortic valve disease under some conditions. Specifically, lipid lowering stops progression—but does not induce regression—of aortic valve stenosis in hypercholesterolemic mice.<sup>12,13</sup> Thus, lipid-lowering therapy may be a useful intervention in hypercholesterolemic patients in early stages of CAVS.

Second, we propose that altering oxidative stress and nitric oxide bioavailability may be useful in slowing progression of CAVS. High doses of antioxidants (eg, vitamin E) rarely confer long-term therapeutic benefit,<sup>204</sup> and chronic treatment with tempol unexpectedly increased apoptosis and calcification in a rabbit model of CAVS.<sup>79</sup> Nevertheless, targeting antioxidants to different subcellular compartments may be more beneficial than those that affect redox state throughout the cell.<sup>205</sup> Reducing oxidative stress is also likely to increase nitric oxide bioavailability,<sup>8,68</sup> which may be augmented by combining antioxidant therapy with treatments that reduce endogenous inhibitors of nitric oxide synthases (ie, asymmetrical dimethylarginine, which is increased in patients with CAVS<sup>87,88</sup>).

Third, inhibition of the renin–angiotensin system may slow the development or progression of CAVS. Although retrospective studies suggest that ACE inhibitors do not slow the progression of CAVS,<sup>100,101</sup> it is possible that AT<sub>1</sub> inhibitors



**Figure 7. Potential targets and treatments to slow the progression of aortic valve stenosis.** Risk factors (including hypercholesterolemia, hypertension, metabolic syndrome, and smoking) can be treated. Possible signaling cascades and treatments (in red), although supported by some experimental evidence, are speculative. See text for rationale. ACE-I=angiotensin converting enzyme inhibitor; AT<sub>1R</sub>-B=angiotensin II receptor type I blocker; n-Ab=neutralizing antibody against TGF- $\beta$ ; miRNA=micro-RNA; ROS=reactive oxygen species; NO=nitric oxide; OPG=osteoprotegerin; PPAR $\gamma$ =peroxisome proliferator-activated receptor gamma.

may be more effective at slowing the progression of CAVS<sup>100</sup> by allowing angiotensin II to exert beneficial effects via both the AT<sub>2</sub> receptor<sup>206</sup> and through its cleavage product angiotensin-1 to 7.<sup>207</sup> Indeed, overexpression of AT<sub>2</sub>r reduces atherosclerosis in mice,<sup>208</sup> and administration of exogenous angiotensin 1-7 suppresses fibrosis in models of vascular injury.<sup>209</sup>

Fourth, inhibition of the RANK/RANKL pathway may prevent or slow progression of CAVS. On the basis of previous findings from models of intimal plaque calcification, it is likely that osteoprotegerin will slow progression of CAVS when initiated during early stages of disease.<sup>111</sup> Because RANKL may be a key mediator of monocyte recruitment and osteoclastogenesis in vascular calcification, however, it is difficult to predict whether osteoprotegerin will induce regression of calcification in advanced vascular or valvular lesions.

Fifth, a PPAR $\gamma$  ligand may inhibit development of CAVS. Because PPAR $\gamma$  ligands prevent cells from differentiating to an osteoblast-like cell lineage, suppress inflammation, and increase antioxidant protein levels, it is possible that PPAR $\gamma$  may slow the development of CAVS. However, the time at which treatment is initiated is likely to be of great importance. Thiazolidinediones appear to inhibit development of early atherosclerotic lesions,<sup>210</sup> but have little or no beneficial effect on advanced lesions in *ldlr*<sup>-/-</sup> mice, perhaps because they promote cell death in advanced lesions.<sup>211</sup>

Sixth, we speculate that manipulation of micro-RNA levels may be useful in prevention of fibrosis and calcification of the aortic valve, and inhibit development of CAVS. For example, antisense oligonucleotide-mediated (antimiR) knockdown and overexpression techniques are under development for prevention and treatment of cardiac fibrosis.<sup>175,179,212</sup> Micro-RNAs that alter procalcific and profibrotic signaling are

dysregulated in CAVS.<sup>178</sup> Thus, altering expression of micro-RNAs may be effective in attenuating progression of valve disease, especially because micro-RNAs can modulate the functions of multiple genes in a signaling cascade (and may affect multiple signaling cascades), thereby conferring higher therapeutic efficacy.

Finally, pharmacological manipulation of epigenetic modifications and posttranslational modifications of transcription factors may be useful in preventing calcification and fibrosis of the aortic valve. Acetylation levels of histones and proteins have a profound impact on genomic stability and transcription factor-binding affinity, and the beneficial effects of acetyltransferase inhibitors and deacetylase activators on inflammation and atherosclerosis make them promising candidates for use in CAVS.<sup>213</sup> Small molecule methyltransferase inhibitors or demethylase activators may also further our understanding of the role of epigenetic modifications in CAVS, facilitate favorable changes in gene expression,<sup>184</sup> and perhaps slow progression of CAVS.

### Integration of Findings From Cardiovascular Calcification and Skeletal Ossification

There is strong support for the concept that CAVS is an active process mediated by ectopic osteoblastogenesis, and that these osteoblast-like cells express markers similar to those found in skeletal osteoblasts.<sup>12,13,214</sup> Patients with CAVS generally are over the age of 65, and at risk of developing osteoporosis. Thus, therapies that are designed to slow the progression of CAVS via inhibition of osteoblastogenesis may not be useful, because they may augment osteoporosis. An example of this side effect is PPAR $\gamma$  agonists, which may slow progression of CAVS by diverting cells to an adipocyte-like lineage, but increase the prevalence of bone fractures in patients with type II diabetes via a similar mechanism.<sup>215–217</sup>

An ideal pharmacological intervention would simultaneously suppress ectopic osteogenesis and improve skeletal osteogenesis. Two potential therapies may accomplish this challenging goal: antioxidants or suppression of RANKL signaling.

First, increasing oxidative stress promotes osteogenic differentiation of vascular smooth muscle cells, but attenuates mineralization of bone-derived osteoblasts in vitro. Antioxidants such as N-acetylcysteine attenuate bone loss in genetically altered mice,<sup>218</sup> but direct evidence for a role of oxidative stress in initiation or progression of CAVS in vivo is limited. Antioxidant specificity,<sup>79,219</sup> and perhaps subcellular compartmentalization/ targeting,<sup>205</sup> may be required for successful therapeutic interventions.

Second, modulation of the OPG/RANKL-axis attenuates calcification of atherosclerotic plaque, but preserves bone mineral density.<sup>220,221</sup> Furthermore, estrogen appears to tonically inhibit aortic calcification through the suppression of RANKL signaling.<sup>222</sup> Thus, suppression of RANKL signaling with monoclonal antibodies or other strategies may be an efficacious treatment to preserve bone mineral density and attenuate progression of valvular calcification in men and postmenopausal women.

## Conclusions

Major advances have been made toward our understanding of mechanisms that contribute to aortic valve stenosis. Much of this insight has been gleaned from analysis of human tissue, because animal models that consistently develop hemodynamically significant CAVS have been available only for the past 5 years. These murine models are dependent on hypercholesterolemia or background strain of the mice for the development of CAVS. The context dependence of cell signaling will always be an underlying issue with these models, which makes the development of additional models of CAVS important. These mouse models will provide an opportunity to examine mechanisms that lead to CAVS, and to test the efficacy of pharmacological interventions. We suggest that interventions outlined in this review hold promise for slowing the progression of CAVS and delaying the need for valve replacement surgery.

## Acknowledgments

The authors would like to thank Elise Oehler and Kathy Zimmerman for assistance with acquisition and processing of echocardiographic images.

## Sources of Funding

Original studies by the authors were supported by National Institutes of Health grants HL092235, HL62984, NS24621, RR026293, and by a Carver Research Program of Excellence.

## Disclosures

Two of the authors (D.D.H. and R.M.W.) have received osteoprotegerin, and a research grant, from Amgen, Inc.

## References

- Nkomo VT, Gardin JM, Skelton TN, Gottdiener JS, Scott CG, Enriquez-Sarano M. Burden of valvular heart diseases: a population-based study. *Lancet*. 2006;368:1005–1011.
- Bonow RO, Carabello BA, Chatterjee K, de Leon AC Jr., Faxon DP, Freed MD, Gaasch WH, Lytle BW, Nishimura RA, O'Gara PT, O'Rourke RA, Otto CM, Shah PM, Shanewise JS. 2008 focused update

- incorporated into the acc/aha 2006 guidelines for the management of patients with valvular heart disease: a report of the American College of Cardiology/American Heart Association task force on practice guidelines (writing committee to revise the 1998 guidelines for the management of patients with valvular heart disease): endorsed by the Society of Cardiovascular Anesthesiologists, Society for Cardiovascular Angiography and Interventions, and Society of Thoracic Surgeons. *Circulation*. 2008;118:e523–e661.
- Beckmann E, Grau JB, Sainger R, Poggio P, Ferrari G. Insights into the use of biomarkers in calcific aortic valve disease. *J Heart Valve Dis*. 2010;19:441–452.
- Messika-Zeitoun D, Bielak LF, Peyser PA, Sheedy PF, Turner ST, Nkomo VT, Breen JF, Maalouf J, Scott C, Tajik AJ, Enriquez-Sarano M. Aortic valve calcification: determinants and progression in the population. *Arterioscler Thromb Vasc Biol*. 2007;27:642–648.
- Freeman RV, Otto CM. Spectrum of calcific aortic valve disease: pathogenesis, disease progression, and treatment strategies. *Circulation*. 2005;111:3316–3326.
- Qian J, Chen Z, Ge J, Ma J, Chang S, Fan B, Liu X, Ge L. Relationship between aortic valve calcification and the severity of coronary atherosclerotic disease. *J Heart Valve Dis*. 2010;19:466–470.
- Mazzone A, Venneri L, Berti S. Aortic valve stenosis and coronary artery disease: pathophysiological and clinical links. *J Cardiovasc Med (Hagerstown)*. 2007;8:983–989.
- Heistad DD. Oxidative stress and vascular disease: 2005 Duff lecture. *Arterioscler Thromb Vasc Biol*. 2006;26:689–695.
- Shao JS, Cheng SL, Sadhu J, Towler DA. Inflammation and the osteogenic regulation of vascular calcification: a review and perspective. *Hypertension*. 2010;55:579–592.
- Sage AP, Tintut Y, Demer LL. Regulatory mechanisms in vascular calcification. *Nat Rev Cardiol*. 2010;7:528–536.
- Barrick CJ, Roberts RB, Rojas M, Rajamannan NM, Suitt CB, O'Brien KD, Smyth SS, Threadgill DW. Reduced egrf causes abnormal valvular differentiation leading to calcific aortic stenosis and left ventricular hypertrophy in c57bl/6j but not 129s1/svjm mice. *Am J Physiol Heart Circ Physiol*. 2009;297:H65–H75.
- Miller JD, Weiss RM, Serrano KM, Brooks RM, II, Berry CJ, Zimmerman K, Young SG, Heistad DD. Lowering plasma cholesterol levels halts progression of aortic valve disease in mice. *Circulation*. 2009;119:2693–2701.
- Miller JD, Weiss RM, Serrano KM, Castaneda LE, Brooks RM, Zimmerman K, Heistad DD. Evidence for active regulation of pro-osteogenic signaling in advanced aortic valve disease. *Arterioscler Thromb Vasc Biol*. 2010;30:2482–2486.
- Weiss RM, Ohashi M, Miller JD, Young SG, Heistad DD. Calcific aortic valve stenosis in old hypercholesterolemic mice. *Circulation*. 2006;114:2065–2069.
- Tanaka K, Sata M, Fukuda D, Suematsu Y, Motomura N, Takamoto S, Hirata Y, Nagai R. Age-associated aortic stenosis in apolipoprotein e-deficient mice. *J Am Coll Cardiol*. 2005;46:134–141.
- Drolet MC, Roussel E, Deshaies Y, Couet J, Arsenault M. A high fat/high carbohydrate diet induces aortic valve disease in c57bl/6j mice. *J Am Coll Cardiol*. 2006;47:850–855.
- Hinton RB Jr, Alfieri CM, Witt SA, Glascock BJ, Khoury PR, Benson DW, Yutzy KE. Mouse heart valve structure and function: echocardiographic and morphometric analyses from the fetus through the aged adult. *Am J Physiol Heart Circ Physiol*. 2008;294:H2480–H2488.
- Kupfahl C, Honold M, Meinhardt G, Vogelsberg H, Wagner A, Mahroldt H, Sechtem U. Evaluation of aortic stenosis by cardiovascular magnetic resonance imaging: comparison with established routine clinical techniques. *Heart*. 2004;90:893–901.
- Aikawa E, Nahrendorf M, Sosnovik D, Lok VM, Jaffer FA, Aikawa M, Weissleder R. Multimodality molecular imaging identifies proteolytic and osteogenic activities in early aortic valve disease. *Circulation*. 2007;115:377–386.
- Berry CJ, Miller JD, McGroarty K, Thedens DR, Young SG, Heistad DD, Weiss RM. Biventricular adaptation to volume overload in mice with aortic regurgitation. *J Cardiovasc Magn Reson*. 2009;11:27.
- Berry CJ, Thedens DR, Light-McGroarty K, Miller JD, Kutschke W, Zimmerman KA, Weiss RM. Effects of deep sedation or general anesthesia on cardiac function in mice undergoing cardiovascular magnetic resonance. *J Cardiovasc Magn Reson*. 2009;11:16.
- Hanada K, Vermeij M, Garinis GA, de Waard MC, Kunen MG, Myers L, Maas A, Duncker DJ, Meijers C, Dietz HC, Kanaar R, Essers J.



- Perturbations of vascular homeostasis and aortic valve abnormalities in fibulin-4 deficient mice. *Circ Res*. 2007;100:738–746.
23. Aikawa E, Nahrendorf M, Figueiredo JL, Swirski FK, Shtatland T, Kohler RH, Jaffer FA, Aikawa M, Weissleder R. Osteogenesis associates with inflammation in early-stage atherosclerosis evaluated by molecular imaging in vivo. *Circulation*. 2007;116:2841–2850.
  24. Mehrabian M, Demer LL, Lusis AJ. Differential accumulation of intimal monocyte-macrophages relative to lipoproteins and lipofuscin corresponds to hemodynamic forces on cardiac valves in mice. *Arterioscler Thromb*. 1991;11:947–957.
  25. Ovchinnikova O, Gylfe A, Bailey L, Nordstrom A, Rudling M, Jung C, Bergstrom S, Waldenstrom A, Hansson GK, Nordstrom P. Osteoprotegerin promotes fibrous cap formation in atherosclerotic lesions of apoe-deficient mice—brief report. *Arterioscler Thromb Vasc Biol*. 2009;29:1478–1480.
  26. Ovchinnikova O, Robertson AK, Wagsater D, Folco EJ, Hyry M, Myllyharju J, Eriksson P, Libby P, Hansson GK. T-cell activation leads to reduced collagen maturation in atherosclerotic plaques of apoe(–/–) mice. *Am J Pathol*. 2009;174:693–700.
  27. Whittaker P, Kloner RA, Boughner DR, Pickering JG. Quantitative assessment of myocardial collagen with picrosirius red staining and circularly polarized light. *Basic Res Cardiol*. 1994;89:397–410.
  28. Burke AP, Kolodgie FD, Virmani R. Fetuin-a, valve calcification, and diabetes: what do we understand? *Circulation*. 2007;115:2464–2467.
  29. Matsumoto Y, Adams V, Jacob S, Mangner N, Schuler G, Linke A. Regular exercise training prevents aortic valve disease in low-density lipoprotein-receptor-deficient mice. *Circulation*. 2010;121:759–767.
  30. Chakraborty S, Wrigg EE, Hinton RB, Merrill WH, Spicer DB, Yutzy KE. Twist1 promotes heart valve cell proliferation and extracellular matrix gene expression during development in vivo and is expressed in human diseased aortic valves. *Dev Biol*. 2010;347:167–179.
  31. Alfieri CM, Cheek J, Chakraborty S, Yutzy KE. Wnt signaling in heart valve development and osteogenic gene induction. *Dev Biol*. 2010;338:127–135.
  32. Miller AA, Drummond GR, De Silva TM, Mast AE, Hickey H, Williams JP, Broughton BR, Sobey CG. NADPH oxidase activity is higher in cerebral versus systemic arteries of four animal species: Role of Nox2. *Am J Physiol Heart Circ Physiol*. 2009;296:H220–H225.
  33. Aikawa E, Aikawa M, Libby P, Figueiredo JL, Rusanescu G, Iwamoto Y, Fukuda D, Kohler RH, Shi GP, Jaffer FA, Weissleder R. Arterial and aortic valve calcification abolished by elastolytic cathepsin S deficiency in chronic renal disease. *Circulation*. 2009;119:1785–1794.
  34. Hjortnaes J, Butcher J, Figueiredo JL, Riccio M, Kohler RH, Kozloff KM, Weissleder R, Aikawa E. Arterial and aortic valve calcification inversely correlates with osteoporotic bone remodelling: a role for inflammation. *Eur Heart J*. 2010;31:1975–1984.
  35. Boyce R, Dorph-Petersen KA, Lyck L, Gundersen H. Design-based stereology: introduction to basic concepts and practical approaches for estimation of cell number. *Toxicol Pathol*. 2010;38:1011–1025.
  36. Thomsen JS, Laib A, Koller B, Prohaska S, Mosekilde L, Gowin W. Stereological measures of trabecular bone structure: comparison of 3d micro computed tomography with 2d histological sections in human proximal tibial bone biopsies. *J Microsc*. 2005;218:171–179.
  37. van Elburg HJ, Kuypers LC, Decraemer WF, Dirckx JJ. Improved correction of axial geometrical distortion in index-mismatched fluorescent confocal microscopic images using high-aperture objective lenses. *J Microsc*. 2007;228:45–54.
  38. Kuypers LC, Decraemer WF, Dirckx JJ, Timmermans JP. A procedure to determine the correct thickness of an object with confocal microscopy in case of refractive index mismatch. *J Microsc*. 2005;218:68–78.
  39. Briley-Saebo KC, Cho YS, Shaw PX, Ryu SK, Mani V, Dickson S, Izadmehr E, Green S, Fayad ZA, Tsimikas S. Targeted iron oxide particles for in vivo magnetic resonance detection of atherosclerotic lesions with antibodies directed to oxidation-specific epitopes. *J Am Coll Cardiol*. 2011;57:337–347.
  40. Chang K, Francis SA, Aikawa E, Figueiredo JL, Kohler RH, McCarthy JR, Weissleder R, Plutsky J, Jaffer FA. Pioglitazone suppresses inflammation in vivo in murine carotid atherosclerosis: novel detection by dual-target fluorescence molecular imaging. *Arterioscler Thromb Vasc Biol*. 2010;30:1933–1939.
  41. Jarrett BR, Correa C, Ma KL, Louie AY. In vivo mapping of vascular inflammation using multimodal imaging. *PLoS One*. 2010;5:e13254.
  42. Hamilton AM, Rogers KA, Belisle AJ, Ronald JA, Rutt BK, Weissleder R, Boughner DR. Early identification of aortic valve sclerosis using iron oxide enhanced MRI. *J Magn Reson Imaging*. 2010;31:110–116.
  43. Wrigg EE, Hinton RB, Yutzy KE. Differential expression of cartilage and bone-related proteins in pediatric and adult diseased aortic valves. *J Mol Cell Cardiol*. 2011;50:561–569.
  44. Sucosky P, Balachandran K, Elhammali A, Jo H, Yoganathan AP. Altered shear stress stimulates upregulation of endothelial Vcam-1 and Icam-1 in a BMP-4- and TGF- $\beta$ 1-dependent pathway. *Arterioscler Thromb Vasc Biol*. 2009;29:254–260.
  45. Ni CW, Qiu H, Rezvan A, Kwon K, Nam D, Son DJ, Visvader JE, Jo H. Discovery of novel mechanosensitive genes in vivo using mouse carotid artery endothelium exposed to disturbed flow. *Blood*. 2010;116:e66–e73.
  46. Csiszar A, Labinskyy N, Jo H, Ballabh P, Ungvari Z. Differential proinflammatory and prooxidant effects of bone morphogenetic protein-4 in coronary and pulmonary arterial endothelial cells. *Am J Physiol Heart Circ Physiol*. 2008;295:H569–H577.
  47. Galvin KM, Donovan MJ, Lynch CA, Meyer RI, Paul RJ, Lorenz JN, Fairchild-Huntress V, Dixon KL, Dunmore JH, Gimbrone MA Jr, Falb D, Huszar D. A role for Smad6 in development and homeostasis of the cardiovascular system. *Nat Genet*. 2000;24:171–174.
  48. Caira FC, Stock SR, Gleason TG, McGee EC, Huang J, Bonow RO, Spelsberg TC, McCarthy PM, Rahimtoola SH, Rajamannan NM. Human degenerative valve disease is associated with up-regulation of low-density lipoprotein receptor-related protein 5 receptor-mediated bone formation. *J Am Coll Cardiol*. 2006;47:1707–1712.
  49. Rajamannan NM, Subramaniam M, Caira F, Stock SR, Spelsberg TC. Atorvastatin inhibits hypercholesterolemia-induced calcification in the aortic valves via the Lrp5 receptor pathway. *Circulation*. 2005;112:1229–1234.
  50. Benton JA, Kern HB, Anseth KS. Substrate properties influence calcification in valvular interstitial cell culture. *J Heart Valve Dis*. 2008;17:689–699.
  51. Kennedy JA, Hua X, Mishra K, Murphy GA, Rosenkranz AC, Horowitz JD. Inhibition of calcifying nodule formation in cultured porcine aortic valve cells by nitric oxide donors. *Eur J Pharmacol*. 2009;602:28–35.
  52. Clark-Greuel JN, Connolly JM, Sorichillo E, Narula NR, Rapoport HS, Mohler ER III, Gorman JH III, Gorman RC, Levy RJ. Transforming growth factor- $\beta$ 1 mechanisms in aortic valve calcification: increased alkaline phosphatase and related events. *Ann Thorac Surg*. 2007;83:946–953.
  53. Cushing MC, Liao JT, Anseth KS. Activation of valvular interstitial cells is mediated by transforming growth factor- $\beta$ 1 interactions with matrix molecules. *Matrix Biol*. 2005;24:428–437.
  54. Walker GA, Masters KS, Shah DN, Anseth KS, Leinwand LA. Valvular myofibroblast activation by transforming growth factor- $\beta$ : implications for pathological extracellular matrix remodeling in heart valve disease. *Circ Res*. 2004;95:253–260.
  55. Jian B, Narula N, Li QY, Mohler ER III, Levy RJ. Progression of aortic valve stenosis: TGF- $\beta$ 1 is present in calcified aortic valve cusps and promotes aortic valve interstitial cell calcification via apoptosis. *Ann Thorac Surg*. 2003;75:457–465.
  56. Mohler ER III, Chawla MK, Chang AW, Vyavahare N, Levy RJ, Graham L, Gannon FH. Identification and characterization of calcifying valve cells from human and canine aortic valves. *J Heart Valve Dis*. 1999;8:254–260.
  57. Chen JH, Chen WL, Sider KL, Yip CY, Simmons CA.  $\beta$ -catenin mediates mechanically regulated, transforming growth factor- $\beta$ 1-induced myofibroblast differentiation of aortic valve interstitial cells. *Arterioscler Thromb Vasc Biol*. 2011;31:590–597.
  58. Yip CY, Chen JH, Zhao R, Simmons CA. Calcification by valve interstitial cells is regulated by the stiffness of the extracellular matrix. *Arterioscler Thromb Vasc Biol*. 2009;29:936–942.
  59. Balooch G, Balooch M, Nalla RK, Schilling S, Filvaroff EH, Marshall GW, Marshall SJ, Ritchie RO, Derynck R, Alliston T. TGF- $\beta$ 1 regulates the mechanical properties and composition of bone matrix. *Proc Natl Acad Sci U S A*. 2005;102:18813–18818.
  60. Rajamannan NM. Calcific aortic stenosis: lessons learned from experimental and clinical studies. *Arterioscler Thromb Vasc Biol*. 2009;29:162–168.
  61. Wylie-Sears J, Aikawa E, Levine RA, Yang JH, Bischoff J. Mitral valve endothelial cells with osteogenic differentiation potential. *Arterioscler Thromb Vasc Biol*. 2011;31:598–607.
  62. Paranya G, Vineberg S, Dvorin E, Kaushal S, Roth SJ, Rabkin E, Schoen FJ, Bischoff J. Aortic valve endothelial cells undergo transforming growth factor- $\beta$ -mediated and non-transforming growth



- factor-beta-mediated transdifferentiation in vitro. *Am J Pathol*. 2001; 159:1335–1343.
63. Eghbali-Fatourehchi GZ, Modder UI, Charatcharoenwithaya N, Sanyal A, Undale AH, Clowes JA, Tarara JE, Khosla S. Characterization of circulating osteoblast lineage cells in humans. *Bone*. 2007;40: 1370–1377.
  64. Khosla S, Eghbali-Fatourehchi GZ. Circulating cells with osteogenic potential. *Ann N Y Acad Sci*. 2006;1068:489–497.
  65. Eghbali-Fatourehchi GZ, Lamsam J, Fraser D, Nagel D, Riggs BL, Khosla S. Circulating osteoblast-lineage cells in humans. *N Engl J Med*. 2005;352:1959–1966.
  66. Olmsted-Davis EA, Gugala Z, Camargo F, Gannon FH, Jackson K, Kienstra KA, Shine HD, Lindsey RW, Hirschi KK, Goodell MA, Brenner MK, Davis AR. Primitive adult hematopoietic stem cells can function as osteoblast precursors. *Proc Natl Acad Sci U S A*. 2003;100: 15877–15882.
  67. Visconti RP, Ebihara Y, LaRue AC, Fleming PA, McQuinn TC, Masuya M, Minamiguchi H, Markwald RR, Ogawa M, Drake CJ. An in vivo analysis of hematopoietic stem cell potential: hematopoietic origin of cardiac valve interstitial cells. *Circ Res*. 2006;98:690–696.
  68. Heistad DD, Wakisaka Y, Miller J, Chu Y, Pena-Silva R. Novel aspects of oxidative stress in cardiovascular diseases. *Circ J*. 2009;73:201–207.
  69. Rivera J, Sobey CG, Walduck AK, Drummond GR. Nox isoforms in vascular pathophysiology: insights from transgenic and knockout mouse models. *Redox Rep*. 2010;15:50–63.
  70. Gielis JF, Lin JY, Wingler K, Van Schil PE, Schmidt HH, Moens AL. Pathogenetic role of enos-uncoupling in cardiopulmonary disorders. *Free Radic Biol Med*. 2010.
  71. Touyz RM, Briones AM. Reactive oxygen species and vascular biology: implications in human hypertension. *Hypertens Res*. 2011;34:5–14.
  72. Harrison DG, Gongora MC. Oxidative stress and hypertension. *Med Clin North Am*. 2009;93:621–635.
  73. Lassegue B, Griendling KK. NADPH oxidases: functions and pathologies in the vasculature. *Arterioscler Thromb Vasc Biol*. 2010;30:653–661.
  74. Leopold JA, Loscalzo J. Oxidative risk for atherothrombotic cardiovascular disease. *Free Radic Biol Med*. 2009;47:1673–1706.
  75. Essex DW. Redox control of platelet function. *Antioxid Redox Signal*. 2009;11:1191–1225.
  76. Forstermann U. Oxidative stress in vascular disease: causes, defense mechanisms and potential therapies. *Nat Clin Pract Cardiovasc Med*. 2008;5:338–349.
  77. Davi G, Patrono C. Platelet activation and atherothrombosis. *N Engl J Med*. 2007;357:2482–2494.
  78. Miller JD, Chu Y, Brooks RM, Richenbacher WE, Pena-Silva R, Heistad DD. Dysregulation of antioxidant mechanisms contributes to increased oxidative stress in calcific aortic valvular stenosis in humans. *J Am Coll Cardiol*. 2008;52:843–850.
  79. Liberman M, Bassi E, Martinatti MK, Lario FC, Wosniak J Jr, Pomerantzeff PM, Laurindo FR. Oxidant generation predominates around calcifying foci and enhances progression of aortic valve calcification. *Arterioscler Thromb Vasc Biol*. 2008;28:463–470.
  80. Cucoranu I, Clemens P, Dikalova A, Phelan PJ, Ariyan S, Dikalov S, Sorescu D. NAD(P)H oxidase 4 mediates transforming growth factor-beta1-induced differentiation of cardiac fibroblasts into myofibroblasts. *Circ Res*. 2005;97:900–907.
  81. Byon CH, Javed A, Dai Q, Kappes JC, Clemens TL, Darley-Usmar VM, McDonald JM, Chen Y. Oxidative stress induces vascular calcification through modulation of the osteogenic transcription factor Runx2 by Akt signaling. *J Biol Chem*. 2008;283:15319–15327.
  82. Mody N, Parhami F, Sarafian TA, Demer LL. Oxidative stress modulates osteoblastic differentiation of vascular and bone cells. *Free Radic Biol Med*. 2001;31:509–519.
  83. Guerraty MA, Grant GR, Karanian JW, Chiesa OA, Pritchard WF, Davies PF. Hypercholesterolemia induces site-specific phenotypic changes and peroxisome proliferator-activated receptor-gamma pathway activation in swine aortic valve endothelium. *Arterioscler Thromb Vasc Biol*. 2010;30:225–231.
  84. Soini Y, Salo T, Satta J. Angiogenesis is involved in the pathogenesis of nonrheumatic aortic valve stenosis. *Hum Pathol*. 2003;34:756–763.
  85. Charest A, Pepin A, Shetty R, Cote C, Voisine P, Dagenais F, Pibarot P, Mathieu P. Distribution of SPARC during neovascularisation of degenerative aortic stenosis. *Heart*. 2006;92:1844–1849.
  86. Ozaki M, Kawashima S, Yamashita T, Hirase T, Namiki M, Inoue N, Hirata K, Yasui H, Sakurai H, Yoshida Y, Masada M, Yokoyama M. Overexpression of endothelial nitric oxide synthase accelerates atherosclerotic lesion formation in apoE-deficient mice. *J Clin Invest*. 2002; 110:331–340.
  87. Cagirci G, Cay S, Canga A, Karakurt O, Yazihan N, Kilic H, Topaloglu S, Aras D, Demir AD, Akdemir R. Association between plasma asymmetric dimethylarginine activity and severity of aortic valve stenosis. *J Cardiovasc Med (Hagerstown)*. 2011;12:96–101.
  88. Ngo DT, Heresztyn T, Mishra K, Marwick TH, Horowitz JD. Aortic stenosis is associated with elevated plasma levels of asymmetric dimethylarginine (ADMA). *Nitric Oxide*. 2007;16:197–201.
  89. Rajamannan NM, Subramaniam M, Stock SR, Stone NJ, Springett M, Ignatiev KI, McConnell JP, Singh RJ, Bonow RO, Spelsberg TC. Atorvastatin inhibits calcification and enhances nitric oxide synthase production in the hypercholesterolaemic aortic valve. *Heart*. 2005;91: 806–810.
  90. Schmidt TS, McNeill E, Douglas G, Crabtree MJ, Hale AB, Khoo J, O'Neill CA, Cheng A, Channon KM, Alp NJ. Tetrahydrobiopterin supplementation reduces atherosclerosis and vascular inflammation in apolipoprotein E-knockout mice. *Clin Sci (Lond)*. 2010;119:131–142.
  91. Jensky NE, Criqui MH, Wright MC, Wassel CL, Brody SA, Allison MA. Blood pressure and vascular calcification. *Hypertension*. 2010;55: 990–997.
  92. Kitazono T, Padgett RC, Armstrong ML, Tompkins PK, Heistad DD. Evidence that angiotensin II is present in human monocytes. *Circulation*. 1995;91:1129–1134.
  93. Potter DD, Sobey CG, Tompkins PK, Rossen JD, Heistad DD. Evidence that macrophages in atherosclerotic lesions contain angiotensin II. *Circulation*. 1998;98:800–807.
  94. Otto CM, Kuusisto J, Reichenbach DD, Gown AM, O'Brien KD. Characterization of the early lesion of 'degenerative' valvular aortic stenosis. Histological and immunohistochemical studies. *Circulation*. 1994;90: 844–853.
  95. Helske S, Lindstedt KA, Laine M, Mayranpaa M, Werkkala K, Lommi J, Turto H, Kupari M, Kovanen PT. Induction of local angiotensin II-producing systems in stenotic aortic valves. *J Am Coll Cardiol*. 2004;44:1859–1866.
  96. Didion SP, Kinzenbaw DA, Schrader LI, Chu Y, Faraci FM. Endogenous interleukin-10 inhibits angiotensin II-induced vascular dysfunction. *Hypertension*. 2009;54:619–624.
  97. Schrader LI, Kinzenbaw DA, Johnson AW, Faraci FM, Didion SP. IL-6 deficiency protects against angiotensin II induced endothelial dysfunction and hypertrophy. *Arterioscler Thromb Vasc Biol*. 2007;27: 2576–2581.
  98. Marchesi C, Paradis P, Schiffrin EL. Role of the renin-angiotensin system in vascular inflammation. *Trends Pharmacol Sci*. 2008;29: 367–374.
  99. Arishiro K, Hoshiga M, Negoro N, Jin D, Takai S, Miyazaki M, Ishihara T, Hanafusa T. Angiotensin receptor-1 blocker inhibits atherosclerotic changes and endothelial disruption of the aortic valve in hypercholesterolemic rabbits. *J Am Coll Cardiol*. 2007;49:1482–1489.
  100. Yamamoto K, Yamamoto M, Yoshida K, Kisanuki A, Hirano Y, Ohte N, Akasaka T, Takeuchi M, Nakatani S, Ohtani T, Sozu T, Masuyama T. Prognostic factors for progression of early- and late-stage calcific aortic valve disease in Japanese: the Japanese aortic stenosis study (JASS) retrospective analysis. *Hypertens Res*. 2010;33:269–274.
  101. Rosenhek R, Rader F, Loh N, Gabriel H, Heger M, Klaar U, Schemper M, Binder T, Maurer G, Baumgartner H. Statins but not angiotensin-converting enzyme inhibitors delay progression of aortic stenosis. *Circulation*. 2004;110:1291–1295.
  102. O'Brien KD, Probstfield JL, Caulfield MT, Nasir K, Takasu J, Shavelle DM, Wu AH, Zhao XQ, Budoff MJ. Angiotensin-converting enzyme inhibitors and change in aortic valve calcium. *Arch Intern Med*. 2005; 165:858–862.
  103. D'Amelio P, Isaia G, Isaia GC. The osteoprotegerin/rank/rankl system: a bone key to vascular disease. *J Endocrinol Invest*. 2009;32:6–9.
  104. Boyce BF, Xing L. Biology of rank, rankl, and osteoprotegerin. *Arthritis Res Ther*. 2007;9(Suppl 1):S1.
  105. Byon CH, Sun Y, Chen J, Yuan K, Mao X, Heath JM, Anderson PG, Tintut Y, Demer LL, Wang D, Chen Y. Runx2-upregulated receptor activator of nuclear factor (kappa)B ligand in calcifying smooth muscle cells promotes migration and osteoclastic differentiation of macrophages. *Arterioscler Thromb Vasc Biol*. 2011; PMID=21454810.
  106. Sasaki H, Yamamoto H, Tominaga K, Masuda K, Kawai T, Teshima-Kondo S, Matsuno K, Yabe-Nishimura C, Rokutan K. Receptor activator of nuclear factor-kappaB ligand-induced mouse oste-

- oclast differentiation is associated with switching between nadph oxidase homologues. *Free Radic Biol Med*. 2009;47:189–199.
107. Lee NK, Choi YG, Baik JY, Han SY, Jeong DW, Bae YS, Kim N, Lee SY. A crucial role for reactive oxygen species in rankl-induced osteoclast differentiation. *Blood*. 2005;106:852–859.
  108. Panizo S, Cardus A, Encinas M, Parisi E, Valcheva P, Lopez-Ongil S, Coll B, Fernandez E, Valdivielso JM. Rankl increases vascular smooth muscle cell calcification through a rank-bmp4-dependent pathway. *Circ Res*. 2009;104:1041–1048.
  109. Orita Y, Yamamoto H, Kohno N, Sugihara M, Honda H, Kawamata S, Mito S, Soe NN, Yoshizumi M. Role of osteoprotegerin in arterial calcification: development of new animal model. *Arterioscler Thromb Vasc Biol*. 2007;27:2058–2064.
  110. Bennett BJ, Scatena M, Kirk EA, Rattazzi M, Varon RM, Averill M, Schwartz SM, Giachelli CM, Rosenfeld ME. Osteoprotegerin inactivation accelerates advanced atherosclerotic lesion progression and calcification in older apoe<sup>-/-</sup> mice. *Arterioscler Thromb Vasc Biol*. 2006;26:2117–2124.
  111. Morony S, Tintut Y, Zhang Z, Cattley RC, Van G, Dwyer D, Stolina M, Kostenuik PJ, Demer LL. Osteoprotegerin inhibits vascular calcification without affecting atherosclerosis in ldlr<sup>-/-</sup> mice. *Circulation*. 2008;117:411–420.
  112. Kaden JJ, Bickelhaupt S, Grobholz R, Haase KK, Sarikoc A, Kilic R, Brueckmann M, Lang S, Zahn I, Vahl C, Hagl S, Dempfle CE, Borggrete M. Receptor activator of nuclear factor kappaB ligand and osteoprotegerin regulate aortic valve calcification. *J Mol Cell Cardiol*. 2004;36:57–66.
  113. Steinmetz M, Skowasch D, Wernert N, Welsch U, Preusse CJ, Welz A, Nickenig G, Bauriedel G. Differential profile of the opg/rankl/rank-system in degenerative aortic native and bioprosthetic valves. *J Heart Valve Dis*. 2008;17:187–193.
  114. Duan SZ, Usher MG, Mortensen RM. Peroxisome proliferator-activated receptor-gamma-mediated effects in the vasculature. *Circ Res*. 2008;102:283–294.
  115. Hamblin M, Chang L, Fan Y, Zhang J, Chen YE. PPARs and the cardiovascular system. *Antioxid Redox Signal*. 2009;11:1415–1452.
  116. Kawaguchi H, Akune T, Yamaguchi M, Ohba S, Ogata N, Chung UI, Kubota N, Terauchi Y, Kadowaki T, Nakamura K. Distinct effects of ppargamma insufficiency on bone marrow cells, osteoblasts, and osteoclastic cells. *J Bone Miner Metab*. 2005;23:275–279.
  117. Yamashita A, Takada T, Nemoto K, Yamamoto G, Torii R. Transient suppression of ppargamma directed es cells into an osteoblastic lineage. *FEBS Lett*. 2006;580:4121–4125.
  118. Ricote M, Li AC, Willson TM, Kelly CJ, Glass CK. The peroxisome proliferator-activated receptor-gamma is a negative regulator of macrophage activation. *Nature*. 1998;391:79–82.
  119. Keen HL, Ryan MJ, Beyer A, Mathur S, Scheetz TE, Gackle BD, Faraci FM, Casavant TL, Sigmund CD. Gene expression profiling of potential ppargamma target genes in mouse aorta. *Physiol Genomics*. 2004;18:33–42.
  120. Yao Y, Watson AD, Ji S, Bostrom KI. Heat shock protein 70 enhances vascular bone morphogenetic protein-4 signaling by binding matrix gla protein. *Circ Res*. 2009;105:575–584.
  121. Reynolds JL, Joannides AJ, Skepper JN, McNair R, Schurgers LJ, Proudfoot D, Jahnke-Dechent W, Weissberg PL, Shanahan CM. Human vascular smooth muscle cells undergo vesicle-mediated calcification in response to changes in extracellular calcium and phosphate concentrations: a potential mechanism for accelerated vascular calcification in esrd. *J Am Soc Nephrol*. 2004;15:2857–2867.
  122. Luo G, Ducey P, McKee MD, Pinero GJ, Loyer E, Behringer RR, Karsenty G. Spontaneous calcification of arteries and cartilage in mice lacking matrix gla protein. *Nature*. 1997;386:78–81.
  123. Yao Y, Bennett BJ, Wang X, Rosenfeld ME, Giachelli C, Lusis AJ, Bostrom KI. Inhibition of bone morphogenetic proteins protects against atherosclerosis and vascular calcification. *Circ Res*. 2010;107:485–494.
  124. Garg V, Muth AN, Ransom JF, Schluterman MK, Barnes R, King IN, Grossfeld PD, Srivastava D. Mutations in notch1 cause aortic valve disease. *Nature*. 2005;437:270–274.
  125. Nigam V, Srivastava D. Notch1 represses osteogenic pathways in aortic valve cells. *J Mol Cell Cardiol*. 2009;47:828–834.
  126. Luna-Zurita L, Prados B, Grego-Bessa J, Luxan G, del Monte G, Benguria A, Adams RH, Perez-Pomares JM, de la Pompa JL. Integration of a notch-dependent mesenchymal gene program and bmp2-driven cell invasiveness regulates murine cardiac valve formation. *J Clin Invest*. 2010;120:3493–3507.
  127. Ann EJ, Kim HY, Choi YH, Kim MY, Mo JS, Jung J, Yoon JH, Kim SM, Moon JS, Seo MS, Hong JA, Jang WG, Shore P, Komori T, Koh JT, Park HS. Inhibition of notch1 signaling by runx2 during osteoblast differentiation. *J Bone Miner Res*. 2010.
  128. Shimizu T, Tanaka T, Iso T, Doi H, Sato H, Kawai-Kowase K, Arai M, Kurabayashi M. Notch signaling induces osteogenic differentiation and mineralization of vascular smooth muscle cells: role of msx2 gene induction via notch-rbp-jk signaling. *Arterioscler Thromb Vasc Biol*. 2009;29:1104–1111.
  129. Kaden JJ, Dempfle CE, Grobholz R, Fischer CS, Vocke DC, Kilic R, Sarikoc A, Pinol R, Hagl S, Lang S, Brueckmann M, Borggrete M. Inflammatory regulation of extracellular matrix remodeling in calcific aortic valve stenosis. *Cardiovasc Pathol*. 2005;14:80–87.
  130. Kaden JJ, Dempfle CE, Grobholz R, Tran HT, Kilic R, Sarikoc A, Brueckmann M, Vahl C, Hagl S, Haase KK, Borggrete M. Interleukin-1 beta promotes matrix metalloproteinase expression and cell proliferation in calcific aortic valve stenosis. *Atherosclerosis*. 2003;170:205–211.
  131. Jian B, Jones PL, Li Q, Mohler ER III, Schoen FJ, Levy RJ. Matrix metalloproteinase-2 is associated with tenascin-c in calcific aortic stenosis. *Am J Pathol*. 2001;159:321–327.
  132. Kaden JJ, Vocke DC, Fischer CS, Grobholz R, Brueckmann M, Vahl CF, Hagl S, Haase KK, Dempfle CE, Borggrete M. Expression and activity of matrix metalloproteinase-2 in calcific aortic stenosis. *Z Kardiol*. 2004;93:124–130.
  133. Edep ME, Shirani J, Wolf P, Brown DL. Matrix metalloproteinase expression in nonrheumatic aortic stenosis. *Cardiovasc Pathol*. 2000;9:281–286.
  134. Fondard O, Detaint D, Iung B, Choqueux C, Adle-Biasette H, Jarraya M, Hvass U, Couetil JP, Henin D, Michel JB, Vahanian A, Jacob MP. Extracellular matrix remodelling in human aortic valve disease: the role of matrix metalloproteinases and their tissue inhibitors. *Eur Heart J*. 2005;26:1333–1341.
  135. Helske S, Syvaranta S, Lindstedt KA, Lappalainen J, Oorni K, Mayranpaa MI, Lommi J, Turto H, Werkkala K, Kupari M, Kovanen PT. Increased expression of elastolytic cathepsins s, k, and v and their inhibitor cystatin c in stenotic aortic valves. *Arterioscler Thromb Vasc Biol*. 2006;26:1791–1798.
  136. Helske S, Syvaranta S, Kupari M, Lappalainen J, Laine M, Lommi J, Turto H, Mayranpaa M, Werkkala K, Kovanen PT, Lindstedt KA. Possible role for mast cell-derived cathepsin g in the adverse remodeling of stenotic aortic valves. *Eur Heart J*. 2006;27:1495–1504.
  137. Pacifici R, Carano A, Santoro SA, Rifas L, Jeffrey JJ, Malone JD, McCracken R, Avioli LV. Bone matrix constituents stimulate interleukin-1 release from human blood mononuclear cells. *J Clin Invest*. 1991;87:221–228.
  138. Qin X, Corriere MA, Matrisian LM, Guzman RJ. Matrix metalloproteinase inhibition attenuates aortic calcification. *Arterioscler Thromb Vasc Biol*. 2006;26:1510–1516.
  139. Isoda K, Matsuki T, Kondo H, Iwakura Y, Ohsuzu F. Deficiency of interleukin-1 receptor antagonist induces aortic valve disease in balb/c mice. *Arterioscler Thromb Vasc Biol*. 2010;30:708–715.
  140. Al-Aly Z, Shao JS, Lai CF, Huang E, Cai J, Behrmann A, Cheng SL, Towler DA. Aortic msx2-wnt calcification cascade is regulated by tnfr-alpha-dependent signals in diabetic ldlr<sup>-/-</sup> mice. *Arterioscler Thromb Vasc Biol*. 2007;27:2589–2596.
  141. Hamid T, Gu Y, Ortines RV, Bhattacharya C, Wang G, Xuan YT, Prabhu SD. Divergent tumor necrosis factor receptor-related remodeling responses in heart failure: role of nuclear factor-kappaB and inflammatory activation. *Circulation*. 2009;119:1386–1397.
  142. Cecil DL, Terkeltaub RA. Arterial calcification is driven by rage in enpp1<sup>-/-</sup> mice. *J Vasc Res*. 2010;48:227–235.
  143. Ren X, Shao H, Wei Q, Sun Z, Liu N. Advanced glycation end-products enhance calcification in vascular smooth muscle cells. *J Int Med Res*. 2009;37:847–854.
  144. Tanikawa T, Okada Y, Tanikawa R, Tanaka Y. Advanced glycation end products induce calcification of vascular smooth muscle cells through rage/p38 mapk. *J Vasc Res*. 2009;46:572–580.
  145. Towler DA. Vascular calcification: it's all the rage! *Arterioscler Thromb Vasc Biol*. 2011;31:237–239.
  146. Hofmann Bowman MA, Gawdzik J, Bukhari U, Husain AN, Toth PT, Kim G, Earley J, McNally EM. S100a12 in vascular smooth muscle accelerates vascular calcification in apolipoprotein e-null mice by activating an osteogenic gene regulatory program. *Arterioscler Thromb Vasc Biol*. 2011;31:337–344.

147. Gawdzik J, Mathew L, Kim G, Puri TS, Hofmann Bowman MA. Vascular remodeling and arterial calcification are directly mediated by s100a12 (en-rage) in chronic kidney disease. *Am J Nephrol*. 2011;33:250–259.
148. Katz R, Budoff MJ, Takasu J, Shavelle DM, Bertoni A, Blumenthal RS, Ouyang P, Wong ND, O'Brien KD. Relationship of metabolic syndrome with incident aortic valve calcium and aortic valve calcium progression: the multi-ethnic study of atherosclerosis (mesa). *Diabetes*. 2009;58:813–819.
149. Geroldi D, Falcone C, Emanuele E. Soluble receptor for advanced glycation end products: from disease marker to potential therapeutic target. *Curr Med Chem*. 2006;13:1971–1978.
150. Basta G, Corciu AI, Vianello A, Del Turco S, Foffa I, Navarra T, Chiappino D, Berti S, Mazzone A. Circulating soluble receptor for advanced glycation end-product levels are decreased in patients with calcific aortic valve stenosis. *Atherosclerosis*. 2010;210:614–618.
151. Mohler ER III, Gannon F, Reynolds C, Zimmerman R, Keane MG, Kaplan FS. Bone formation and inflammation in cardiac valves. *Circulation*. 2001;103:1522–1528.
152. Vattikuti R, Towler DA. Osteogenic regulation of vascular calcification: an early perspective. *Am J Physiol Endocrinol Metab*. 2004;286:E686–E696.
153. Kalantari F, Miao D, Emadali A, Tzimas GN, Goltzman D, Vali H, Chevet E, Auguste P. Cellular and molecular mechanisms of abnormal calcification following ischemia–reperfusion injury in human liver transplantation. *Mod Pathol*. 2007;20:357–366.
154. Huh CG, Factor VM, Sanchez A, Uchida K, Conner EA, Thorgerirsson SS. Hepatocyte growth factor/c-met signaling pathway is required for efficient liver regeneration and repair. *Proc Natl Acad Sci U S A*. 2004;101:4477–4482.
155. Rajamannan NM, Nealis TB, Subramaniam M, Pandya S, Stock SR, Ignatiev CI, Sebo TJ, Rosengart TK, Edwards WD, McCarthy PM, Bonow RO, Spelsberg TC. Calcified rheumatic valve neoangiogenesis is associated with vascular endothelial growth factor expression and osteoblast-like bone formation. *Circulation*. 2005;111:3296–3301.
156. Yperman J, De Visscher G, Holvoet P, Flameng W. Molecular and functional characterization of ovine cardiac valve–derived interstitial cells in primary isolates and cultures. *Tissue Eng*. 2004;10:1368–1375.
157. Stephens EH, Saltarelli JG, Baggett LS, Nandi I, Kuo JJ, Davis AR, Olmsted-Davis EA, Reardon MJ, Morrisett JD, Grande-Allen KJ. Differential proteoglycan and hyaluronan distribution in calcified aortic valves. *Cardiovasc Pathol*. 2011; PMID=21185747; PMCID=PMC3075347.
158. Gupta V, Werdenberg JA, Blevins TL, Grande-Allen KJ. Synthesis of glycosaminoglycans in differently loaded regions of collagen gels seeded with valvular interstitial cells. *Tissue Eng*. 2007;13:41–49.
159. Engler AJ, Sen S, Sweeney HL, Discher DE. Matrix elasticity directs stem cell lineage specification. *Cell*. 2006;126:677–689.
160. Monzack EL, Gu X, Masters KS. Efficacy of simvastatin treatment of valvular interstitial cells varies with the extracellular environment. *Arterioscler Thromb Vasc Biol*. 2009;29:246–253.
161. Rodriguez KJ, Masters KS. Regulation of valvular interstitial cell calcification by components of the extracellular matrix. *J Biomed Mater Res A*. 2009;90:1043–1053.
162. Lutgens E, Gijbels M, Smook M, Heeringa P, Gotwals P, Koteliansky VE, Daemen MJ. Transforming growth factor-beta mediates balance between inflammation and fibrosis during plaque progression. *Arterioscler Thromb Vasc Biol*. 2002;22:975–982.
163. Galkina E, Ley K. Immune and inflammatory mechanisms of atherosclerosis (\*). *Annu Rev Immunol*. 2009;27:165–197.
164. Demer LL, Tintut Y. Mechanisms linking osteoporosis with cardiovascular calcification. *Curr Osteoporos Rep*. 2009;7:42–46.
165. Stewart BF, Siscovick D, Lind BK, Gardin JM, Gottdiener JS, Smith VE, Kitzman DW, Otto CM. Clinical factors associated with calcific aortic valve disease. Cardiovascular health study. *J Am Coll Cardiol*. 1997;29:630–634.
166. Olive M, Harten I, Mitchell R, Beers JK, Djabali K, Cao K, Erdos MR, Blair C, Funke B, Smoot L, Gerhard-Herman M, Machan JT, Kutys R, Virmani R, Collins FS, Wight TN, Nabel EG, Gordon LB. Cardiovascular pathology in Hutchinson–Gilford progeria: correlation with the vascular pathology of aging. *Arterioscler Thromb Vasc Biol*. 2010;30:2301–2309.
167. Nair K, Ramachandran P, Krishnamoorthy KM, Dora S, Achuthan TJ. Hutchinson–Gilford progeria syndrome with severe calcific aortic valve stenosis and calcific mitral valve. *J Heart Valve Dis*. 2004;13:866–869.
168. Makous N, Friedman S, Yakovac W, Maris EP. Cardiovascular manifestations in progeria. Report of clinical and pathologic findings in a patient with severe arteriosclerotic heart disease and aortic stenosis. *Am Heart J*. 1962;64:334–346.
169. Sogawa M, Kasuya S, Yamamoto K, Koshika M, Oguma F, Hayashi J. Aortic valve replacement for aortic stenosis with a small aortic annulus in a patient having Werner's syndrome and liver cirrhosis. *Ann Thorac Cardiovasc Surg*. 2001;7:378–380.
170. Grubitzsch H, Beholz S, Wollert HG, Eckel L. Severe heart valve calcification in a young patient with werner syndrome. *Cardiovasc Pathol*. 2000;9:53–54.
171. Ragnauth CD, Warren DT, Liu Y, McNair R, Tajsic T, Figg N, Shroff R, Skepper J, Shanahan CM. Prelamin A acts to accelerate smooth muscle cell senescence and is a novel biomarker of human vascular aging. *Circulation*. 2010;121:2200–2210.
172. Capell BC, Olive M, Erdos MR, Cao K, Faddah DA, Tavarez UL, Conneely KN, Qu X, San H, Ganesh SK, Chen X, Avallone H, Kolodgie FD, Virmani R, Nabel EG, Collins FS. A farnesyltransferase inhibitor prevents both the onset and late progression of cardiovascular disease in a progeria mouse model. *Proc Natl Acad Sci U S A*. 2008;105:15902–15907.
173. Masuda H, Chikuda H, Suga T, Kawaguchi H, Kuro-o M. Regulation of multiple ageing-like phenotypes by inducible klotho gene expression in klotho mutant mice. *Mech Ageing Dev*. 2005;126:1274–1283.
174. Kuro-o M, Matsumura Y, Aizawa H, Kawaguchi H, Suga T, Utsugi T, Ohshima Y, Kurabayashi M, Kaname T, Kume E, Iwasaki H, Iida A, Shiraki-Iida T, Nishikawa S, Nagai R, Nabeshima YI. Mutation of the mouse klotho gene leads to a syndrome resembling ageing. *Nature*. 1997;390:45–51.
175. Small EM, Frost RJ, Olson EN. Micromas add a new dimension to cardiovascular disease. *Circulation*. 2010;121:1022–1032.
176. Guo H, Ingolia NT, Weissman JS, Bartel DP. Mammalian micromas predominantly act to decrease target mrna levels. *Nature*. 2010;466:835–840.
177. Chen LH, Chiou GY, Chen YW, Li HY, Chiou SH. Micromas and aging: a novel modulator in regulating the aging network. *Ageing Res Rev*. 2010;9(Suppl 1):S59–S66.
178. Nigam V, Sievers HH, Jensen BC, Sier HA, Simpson PC, Srivastava D, Mohamed SA. Altered micromas in bicuspid aortic valve: a comparison between stenotic and insufficient valves. *J Heart Valve Dis*. 2010;19:459–465.
179. van Rooij E, Sutherland LB, Thatcher JE, DiMaio JM, Naseem RH, Marshall WS, Hill JA, Olson EN. Dysregulation of micromas after myocardial infarction reveals a role of mir-29 in cardiac fibrosis. *Proc Natl Acad Sci U S A*. 2008;105:13027–13032.
180. Schroeder TM, Kahler RA, Li X, Westendorff JJ. Histone deacetylase 3 interacts with runx2 to repress the osteocalcin promoter and regulate osteoblast differentiation. *J Biol Chem*. 2004;279:41998–42007.
181. Stein S, Schafer N, Breitenstein A, Besler C, Winnik S, Lohmann C, Heinrich K, Brokopp CE, Handschin C, Landmesser U, Tanner FC, Luscher TF, Matter CM. Sirt1 reduces endothelial activation without affecting vascular function in apoe<sup>−/−</sup> mice. *Ageing (Albany NY)*. 2010;2:353–360.
182. Schwer B, Schumacher B, Lombard DB, Xiao C, Kurtev MV, Gao J, Schneider JJ, Chai H, Bronson RT, Tsai LH, Deng CX, Alt FW. Neural sirtuin 6 (sirt6) ablation attenuates somatic growth and causes obesity. *Proc Natl Acad Sci U S A*. 2010;107:21790–21794.
183. Burgess RJ, Zhang Z. Roles for gen5 in promoting nucleosome assembly and maintaining genome integrity. *Cell Cycle*. 2010;9:2979–2985.
184. De Carvalho DD, You JS, Jones PA. DNA methylation and cellular reprogramming. *Trends Cell Biol*. 2010;20:609–617.
185. Montes de Oca A, Madueno JA, Martinez-Moreno JM, Guerrero F, Munoz-Castaneda J, Rodriguez-Ortiz ME, Mendoza FJ, Almaden Y, Lopez I, Rodriguez M, Aguilera-Tejero E. High-phosphate-induced calcification is related to sm22alpha promoter methylation in vascular smooth muscle cells. *J Bone Miner Res*. 2010;25:1996–2005.
186. Moura LM, Ramos SF, Zamorano JL, Barros IM, Azevedo LF, Rocha-Goncalves F, Rajamannan NM. Rosuvastatin affecting aortic valve endothelium to slow the progression of aortic stenosis. *J Am Coll Cardiol*. 2007;49:554–561.
187. Rossebø AB, Pedersen TR, Boman K, Brudi P, Chambers JB, Egstrup K, Gerds E, Gohlke-Barwolf C, Holme I, Kesaniemi YA, Malbecq W, Nienaber CA, Ray S, Skjaerpe T, Wachtell K, Willenheimer R. Intensive



- lipid lowering with simvastatin and ezetimibe in aortic stenosis. *N Engl J Med*. 2008;359:1343–1356.
188. Cowell SJ, Newby DE, Prescott RJ, Bloomfield P, Reid J, Northridge DB, Boon NA. A randomized trial of intensive lipid-lowering therapy in calcific aortic stenosis. *N Engl J Med*. 2005;352:2389–2397.
  189. Chan KL, Teo K, Dumesnil JG, Ni A, Tam J. Effect of lipid lowering with rosuvastatin on progression of aortic stenosis: results of the aortic stenosis progression observation: measuring effects of rosuvastatin (astronomer) trial. *Circulation*. 2010;121:306–314.
  190. Rikitake Y, Liao JK. Rho gtpases, statins, and nitric oxide. *Circ Res*. 2005;97:1232–1235.
  191. Zhou Q, Liao JK. Pleiotropic effects of statins—basic research and clinical perspectives. *Circ J*. 2010;74:818–826.
  192. Makris GC, Lavidá A, Nicolaides AN, Geroulakos G. The effect of statins on carotid plaque morphology: a ldl-associated action or one more pleiotropic effect of statins? *Atherosclerosis*. 2010;213:8–20.
  193. Stary HC. The development of calcium deposits in atherosclerotic lesions and their persistence after lipid regression. *Am J Cardiol*. 2001;88:16E–19E.
  194. Stary HC. Natural history of calcium deposits in atherosclerosis progression and regression. *Z Kardiol*. 2000;89(Suppl 2):28–35.
  195. Cappelli S, Epistolato MC, Vianello A, Mazzone A, Glauber M, Franzini M, Ottaviano V, Pompella A, Paolicchi A, Tanganelli P. Aortic valve disease and gamma-glutamyltransferase: accumulation in tissue and relationships with calcific degeneration. *Atherosclerosis*. 2010;213:385–391.
  196. Shuvy M, Ben Ya'acov A, Zolotarov L, Lotan C, Ilan Y. Beta glycosphingolipids suppress rank expression and inhibit natural killer t cell and cd8+ accumulation in alleviating aortic valve calcification. *Int J Immunopathol Pharmacol*. 2009;22:911–918.
  197. Satta J, Melkko J, Pollanen R, Tuukkanen J, Paakko P, Ohtonen P, Mennander A, Soini Y. Progression of human aortic valve stenosis is associated with tenascin-c expression. *J Am Coll Cardiol*. 2002;39:96–101.
  198. Doherty TM, Asotra K, Fitzpatrick LA, Qiao JH, Wilkin DJ, Detrano RC, Dunstan CR, Shah PK, Rajavashisth TB. Calcification in atherosclerosis: bone biology and chronic inflammation at the arterial crossroads. *Proc Natl Acad Sci U S A*. 2003;100:11201–11206.
  199. Tyson KL, Reynolds JL, McNair R, Zhang Q, Weissberg PL, Shanahan CM. Osteo/chondrocytic transcription factors and their target genes exhibit distinct patterns of expression in human arterial calcification. *Arterioscler Thromb Vasc Biol*. 2003;23:489–494.
  200. Benzuly KH, Padgett RC, Kaul S, Piegors DJ, Armstrong ML, Heistad DD. Functional improvement precedes structural regression of atherosclerosis. *Circulation*. 1994;89:1810–1818.
  201. Gomez D, Coyet A, Ollivier V, Jeunemaitre X, Jondeau G, Michel JB, Vranckx R. Epigenetic control of vascular smooth muscle cells in marfan and non-marfan thoracic aortic aneurysms. *Cardiovasc Res*. 2011;89:446–456.
  202. Webber J, Meran S, Steadman R, Phillips A. Hyaluronan orchestrates transforming growth factor-beta1-dependent maintenance of myofibroblast phenotype. *J Biol Chem*. 2009;284:9083–9092.
  203. Gerdts E, Rossebø AB, Pedersen TR, Boman K, Brudi P, Chambers JB, Egstrup K, Gohlke-Barwolf C, Holme I, Kesäniemi YA, Malbecq W, Nienaber C, Ray S, Skjaerpe T, Wachtell K, Willenheimer R. Impact of baseline severity of aortic valve stenosis on effect of intensive lipid lowering therapy (from the seas study). *Am J Cardiol*. 2010;106:1634–1639.
  204. Steinhilbl SR. Why have antioxidants failed in clinical trials? *Am J Cardiol*. 2008;101:14D–19D.
  205. Dikalova AE, Bikineyeva AT, Budzyn K, Nazarewicz RR, McCann L, Lewis W, Harrison DG, Dikalov SI. Therapeutic targeting of mitochondrial superoxide in hypertension. *Circ Res*. 2010;107:106–116.
  206. Carey RM. Cardiovascular and renal regulation by the angiotensin type 2 receptor: the at2 receptor comes of age. *Hypertension*. 2005;45:840–844.
  207. Ferrario CM. New physiological concepts of the renin-angiotensin system from the investigation of precursors and products of angiotensin i metabolism. *Hypertension*. 2010;55:445–452.
  208. Hu C, Dandapat A, Chen J, Liu Y, Hermonat PL, Carey RM, Mehta JL. Over-expression of angiotensin ii type 2 receptor (agr2) reduces atherogenesis and modulates lox-1, endothelial nitric oxide synthase and heme-oxygenase-1 expression. *Atherosclerosis*. 2008;199:288–294.
  209. Zeng W, Chen W, Leng X, He JG, Ma H. Chronic angiotensin-(1-7) administration improves vascular remodeling after angioplasty through the regulation of the tgf-beta/smad signaling pathway in rabbits. *Biochem Biophys Res Commun*. 2009;389:138–144.
  210. Li AC, Binder CJ, Gutierrez A, Brown KK, Plotkin CR, Pattison JW, Valledor AF, Davis RA, Willson TM, Witztum JL, Palinski W, Glass CK. Differential inhibition of macrophage foam-cell formation and atherosclerosis in mice by pparalpha, beta/delta, and gamma. *J Clin Invest*. 2004;114:1564–1576.
  211. Thorp E, Kuriakose G, Shah YM, Gonzalez FJ, Tabas I. Pioglitazone increases macrophage apoptosis and plaque necrosis in advanced atherosclerotic lesions of nondiabetic low-density lipoprotein receptor-null mice. *Circulation*. 2007;116:2182–2190.
  212. van Rooij E. The art of microrna research. *Circ Res*. 2011;108:219–234.
  213. Quiles JL, Mesa MD, Ramirez-Tortosa CL, Aguilera CM, Battino M, Gil A, Ramirez-Tortosa MC. Curcuma longa extract supplementation reduces oxidative stress and attenuates aortic fatty streak development in rabbits. *Arterioscler Thromb Vasc Biol*. 2002;22:1225–1231.
  214. Rajamannan NM, Subramaniam M, Rickard D, Stock SR, Donovan J, Springett M, Orszulak T, Fullerton DA, Tajik AJ, Bonow RO, Spelsberg T. Human aortic valve calcification is associated with an osteoblast phenotype. *Circulation*. 2003;107:2181–2184.
  215. Habib ZA, Havstad SL, Wells K, Divine G, Pladevall M, Williams LK. Thiazolidinedione use and the longitudinal risk of fractures in patients with type 2 diabetes mellitus. *J Clin Endocrinol Metab*. 2010;95:592–600.
  216. Bilik D, McEwen LN, Brown MB, Pomeroy NE, Kim C, Asao K, Crosson JC, Duru OK, Ferrara A, Hsiao VC, Karter AJ, Lee PG, Marrero DG, Selby JV, Subramanian U, Herman WH. Thiazolidinediones and fractures: evidence from translating research into action for diabetes. *J Clin Endocrinol Metab*. 2010;95:4560–4565.
  217. Kahn SE, Zinman B, Lachin JM, Haffner SM, Herman WH, Holman RR, Kravitz BG, Yu D, Heise MA, Aftring RP, Viberti G. Rosiglitazone-associated fractures in type 2 diabetes: an analysis from a diabetes outcome progression trial (adopt). *Diabetes Care*. 2008;31:845–851.
  218. Ambrogini E, Almeida M, Martin-Millan M, Paik JH, Depinho RA, Han L, Goellner J, Weinstein RS, Jilka RL, O'Brien CA, Manolagas SC. Foxo-mediated defense against oxidative stress in osteoblasts is indispensable for skeletal homeostasis in mice. *Cell Metab*. 2010;11:136–146.
  219. Salmon AB, Richardson A, Perez VI. Update on the oxidative stress theory of aging: does oxidative stress play a role in aging or healthy aging? *Free Radic Biol Med*. 2010;48:642–655.
  220. Simonet WS, Lacey DL, Dunstan CR, Kelley M, Chang MS, Luthy R, Nguyen HQ, Wooden S, Bennett L, Boone T, Shimamoto G, DeRose M, Elliott R, Colombero A, Tan HL, Trail G, Sullivan J, Davy E, Bucay N, Renshaw-Gegg L, Hughes TM, Hill D, Pattison W, Campbell P, Sander S, Van G, Tarpley J, Derby P, Lee R, Boyle WJ. Osteoprotegerin: a novel secreted protein involved in the regulation of bone density. *Cell*. 1997;89:309–319.
  221. Leibbrandt A, Penninger JM. Rank(l) as a key target for controlling bone loss. *Adv Exp Med Biol*. 2009;647:130–145.
  222. Osako MK, Nakagami H, Koibuchi N, Shimizu H, Nakagami F, Koriyama H, Shimamura M, Miyake T, Rakugi H, Morishita R. Estrogen inhibits vascular calcification via vascular rankl system: common mechanism of osteoporosis and vascular calcification. *Circ Res*. 2010;107:466–475.
  223. Shao JS, Cheng SL, Charlton-Kachigian N, Loewy AP, Towler DA. Teriparatide (human parathyroid hormone (1-34)) inhibits osteogenic vascular calcification in diabetic low density lipoprotein receptor-deficient mice. *J Biol Chem*. 2003;278:50195–50202.
  224. Lee TC, Zhao YD, Courtman DW, Stewart DJ. Abnormal aortic valve development in mice lacking endothelial nitric oxide synthase. *Circulation*. 2000;101:2345–2348.
  225. Tkatchenko TV, Moreno-Rodriguez RA, Conway SJ, Molkentin JD, Markwald RR, Tkatchenko AV. Lack of periostin leads to suppression of notch1 signaling and calcific aortic valve disease. *Physiol Genomics*. 2009;39:160–168.
  226. Hakuno D, Kimura N, Yoshioka M, Mukai M, Kimura T, Okada Y, Yozu R, Shukunami C, Hiraki Y, Kudo A, Ogawa S, Fukuda K. Periostin advances atherosclerotic and rheumatic cardiac valve degeneration by inducing angiogenesis and mmp production in humans and rodents. *J Clin Invest*. 2010;120:2292–2306.
  227. Yoshioka M, Yuasa S, Matsumura K, Kimura K, Shiomi T, Kimura N, Shukunami C, Okada Y, Mukai M, Shin H, Yozu R, Sata M, Ogawa S,



- Hiraki Y, Fukuda K. Chondromodulin-i maintains cardiac valvular function by preventing angiogenesis. *Nat Med*. 2006;12:1151–1159.
228. Cimini M, Boughner DR, Ronald JA, Aldington L, Rogers KA. Development of aortic valve sclerosis in a rabbit model of atherosclerosis: an immunohistochemical and histological study. *J Heart Valve Dis*. 2005;14:365–375.
  229. Cuniberti LA, Stutzbach PG, Guevara E, Yannarelli GG, Laguens RP, Favaloro RR. Development of mild aortic valve stenosis in a rabbit model of hypertension. *J Am Coll Cardiol*. 2006;47:2303–2309.
  230. Drolet MC, Couet J, Arsenault M. Development of aortic valve sclerosis or stenosis in rabbits: role of cholesterol and calcium. *J Heart Valve Dis*. 2008;17:381–387.
  231. Gkizas S, Koumoundourou D, Sirinian X, Rokidi S, Mavrilas D, Koutsoukos P, Papalois A, Apostolakis E, Alexopoulos D, Papadaki H. Aldosterone receptor blockade inhibits degenerative processes in the early stage of calcific aortic stenosis. *Eur J Pharmacol*. 2010;642:107–112.
  232. Hekimian G, Passefort S, Louedec L, Houard X, Jacob MP, Vahanian A, Michel JB, Messika-Zeitoun D. High-cholesterol + vitamin d2 regimen: a questionable in-vivo experimental model of aortic valve stenosis. *J Heart Valve Dis*. 2009;18:152–158.
  233. Marechaux S, Corseaux D, Vincentelli A, Richardson M, Ung A, Susen S, Zawadzki C, Beregi JP, Ezekowitz MD, Jude B, Le Tourneau T. Identification of tissue factor in experimental aortic valve sclerosis. *Cardiovasc Pathol*. 2009;18:67–76.
  234. Ngo DT, Stafford I, Kelly DJ, Sverdlov AL, Wuttke RD, Weedon H, Nightingale AK, Rosenkranz AC, Smith MD, Chirkov YY, Kennedy JA, Horowitz JD. Vitamin d(2) supplementation induces the development of aortic stenosis in rabbits: interactions with endothelial function and thioredoxin-interacting protein. *Eur J Pharmacol*. 2008;590:290–296.
  235. Ngo DT, Stafford I, Sverdlov AL, Qi W, Wuttke RD, Zhang Y, Kelly DJ, Weedon H, Smith MD, Kennedy JA, Horowitz JD. Ramipril retards development of aortic valve stenosis in a rabbit model: mechanistic considerations. *Br J Pharmacol*. 2011;162:722–732.
  236. Rajamannan NM, Sangiorgi G, Springett M, Arnold K, Mohacs T, Spagnoli LG, Edwards WD, Tajik AJ, Schwartz RS. Experimental hypercholesterolemia induces apoptosis in the aortic valve. *J Heart Valve Dis*. 2001;10:371–374.
  237. Rajamannan NM, Subramaniam M, Springett M, Sebo TC, Niekrasz M, McConnell JP, Singh RJ, Stone NJ, Bonow RO, Spelsberg TC. Atorvastatin inhibits hypercholesterolemia-induced cellular proliferation and bone matrix production in the rabbit aortic valve. *Circulation*. 2002;105:2660–2665.
  238. Speidl WS, Cimmino G, Ibanez B, Elmariah S, Hutter R, Garcia MJ, Fuster V, Goldman ME, Badimon JJ. Recombinant apolipoprotein a-i milano rapidly reverses aortic valve stenosis and decreases leaflet inflammation in an experimental rabbit model. *Eur Heart J*. 2010;31:2049–2057.
  239. Simmons CA, Grant GR, Manduchi E, Davies PF. Spatial heterogeneity of endothelial phenotypes correlates with site-specific vulnerability to calcification in normal porcine aortic valves. *Circ Res*. 2005;96:792–799.